

Let's Kick Butts: Developing Tobacco Dependence Treatment

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Agenda

- Welcome/Introductions
- PROS learning community for tobacco dependence treatment
- Components for successful implementation
- Barriers to implementing tobacco dependence treatment
- Presentation and interactive discussion with Gateway Community Industries, Inc. PROS, including tips for embedding tobacco dependence treatment into the PROS model
- Questions/discussion

Learning Objectives

1. Participants will understand the structure of the PROS learning community for tobacco dependence treatment.
2. Participants will describe how existing skills and processes can support tobacco dependence treatment.
3. Participants will describe how to implement tobacco dependence treatment in a PROS model.

Learning Community Structure

- Monthly online meetings covering various aspects of providing Tobacco Dependence Treatment
- Suggested program participants: PROS Clinical Supervisor and IDDT Coordinator (recommended: prescribing clinician and a peer with lived history of tobacco use, past or present)
- Programs asked to regularly collect and submit Performance Indicator data

Learning Community Structure

Benefits include:

- Opportunity to complete a Program Self-Evaluation Tool at the beginning and end of the LC
- Opportunity to develop a TDT implementation plan

Components of Successful Implementation



[SAMHSA's State Technical Assistance Contract \(2016\). Enhance Your State's Tobacco Cessation Efforts Among the Behavioral Health Population: A Behavioral Health Resource.](#)

Take-aways From The Brief Self-Evaluation Survey

- Quite a variety of responses across programs
- Strong commitment to addressing tobacco
 - Mostly not seen as a barrier for those in dual recovery

Take-aways From The Brief Self-Evaluation Survey

- Some of the challenges raised:
 - Perception that consumers do not want to change
 - Smoking aids socialization
 - Difficulty keeping consumers engaged in groups focused on tobacco
 - Difficulty stimulating interest in reducing/ceasing something consumers enjoy

Brainstorm

- 1) Choose one barrier and brainstorm possible solutions to that barrier.
- 2) Describe some of the things that PROS programs are already doing that will support tobacco dependence treatment



PROS Programs are Well-Equipped to Provide TDT

- PROS programs already provide IDDT
 - Familiar with providing treatment for co-occurring conditions
 - Stage-wise treatment
 - Prescribing clinicians
 - Groups



PROS Programs are Well-Equipped to Provide TDT



- PROS programs offer services that promote health
 - Nurse on staff
 - Groups/activities that include physical activity (e.g., walking, yoga)
 - Healthy eating and cooking
 - Diabetes education and management

Gateway Community Industries, Inc.

PROS

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Gateway Community Industries, Inc.

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PROS

1. Getting started—having a conversation at agency level with the appropriate executive team members about implementing the program, and other potential changes to be made that align with tobacco dependency treatment programming
2. Tobacco Dependency Treatment implementation within PROS model
3. Conducting programming on ongoing/monthly basis

Questions?

