

Creating and Supporting a Positive Rehabilitation Culture

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Services for the UnderServed

Who are we

- ❖ Since 1978, we've been providing services for people in and around New York City whose lives have been unsettled by circumstances beyond their control.
- ❖ We're a nonprofit with a staff of close to 2,000 that provides \$200 million in services.
- ❖ Our efforts are supported by various local, state and federal government entities as well as foundations, corporations and individual donors.

Services: Who do we serve

Behavioral Health Services

- ❖ Residential Housing
 - ❖ Supportive Housing
 - ❖ Transitional (Level II)
 - ❖ Apartment Treatment
 - ❖ Permanent: Level I, HIV/AIDS, HOPWA, Forensic, Veterans,
 - ❖ Low Income Housing
- ❖ Respite Services
- ❖ HCBS
- ❖ Care Coordination
- ❖ Treatment Services
- ❖ Assertive Community Treatment (ACT)
- ❖ Clinics
- ❖ Residential Substance Abuse Treatment
- ❖ HIV Support Services

Intellectual / Developmental Disabilities Services

- ❖ Residential
- ❖ Day Habilitation
- ❖ Community Habilitation
- ❖ Medicaid Service Coordination
- ❖ Employment
- ❖ Self-Direction
- ❖ Family Supports
- ❖ Outside the Box

Veterans Services

- ❖ Supportive Services for Veteran Families (SSVF) New York City and Long Island
- ❖ Education to Employment
- ❖ Employment Services
- ❖ Suicide Prevention Services
- ❖ Homeless Outreach With The MTA

Homeless Services

- ❖ Homeless Prevention
 - ❖ Home Base

- ❖ Outreach Services

- ❖ Transition Services

- ❖ Shelters
 - ❖ Families
 - ❖ Domestic Violence
 - ❖ Single Adults

Urban Farms Partners

- ❖ Brooklyn Botanic Garden
- ❖ Hudson River Park Conservancy
- ❖ Kingsborough Community College Culinary Arts Dept.
- ❖ Manhattan's High Line
- ❖ NYC Parks and Recreation
- ❖ Rooftop Reds

Our 5 Core Values

❖ **Respect**

❖ **Individual Potential**

❖ **Supportive Environment**

❖ **Continuous Quality Improvement**

❖ **Integrity**

IPS - Intentional Peer Support

- ❖ Intentional Peer Support was developed in the 1990s.
- ❖ Peer support in mental health grew out of consumer/ex-patients' reaction to negative mental health treatment
- ❖ Intentional Peer Support provides a powerful framework for creating relationships where both people learn and grow together. Reconnect where there are disconnections
- ❖ IPS is a tool for community development with broad appeal to people from all walks of life.

IPS

3 Principles of IPS:

- 1) Learning Vs. Helping
- 2) Relationship Vs. The Individual
- 3) Hope Vs. Fear

4 Tasks of IPS:

- 1) Connection
- 2) Worldview
- 3) Mutual Responsibility
- 4) Moving towards

Organizational buy in on all levels... similar yet different

- ❖ We have invested in IPS Organizational Trainers
- ❖ We offer full five day and partial three day IPS trainings to staff throughout the organization.
- ❖ The focus is to examine and practice what is necessary to build mutual support; for those we serve and for those providing the service.

Organizational buy in on all levels... similar yet different

We don't empower people. We give people the tools to empower themselves."

–Donna Colonna, CEO, S:US

Organizational buy in on all levels... similar yet different

At SUS

- ❖ We don't prescribe paths that define people but offer solutions that support each person's definition of a life of purpose.
- ❖ When an individual's life is put on hold for circumstances unique to them, establishing a relationship with them is step one.
- ❖ Individuals and families no longer limited by their obstacles but propelled by opportunities for a richer experience with the world.
- ❖ A ripple effect that extends from individuals out into their communities.

Organizational buy in on all levels... similar yet different

- ❖ This is how we beat back stigma.
- ❖ This is how we build communities.
- ❖ This is how we create Opportunity for All

Impactful change/ growth beyond the front door

- ❖ IPS trainings are for all staff
- ❖ The benefits go beyond...
 - The gains reflect in working relationships
 - Utilization of Co-supervision
 - The impact new skill can translate to all relationships

A renewed/ new perspective on soft landings, relationships, rehabilitation and recovery

- ❖ Developed a more enhanced culture of recovery through these tangible steps
 - ❖ Non-hierarchical
 - ❖ Enhanced sense of trauma informed community
 - ❖ Use mutual responsibility and avoid coercion
 - ❖ Moving toward, not away
 - ❖ About co-learning and finding new ways of seeing, thinking, and doing
 - ❖ Enhanced rehabilitative and recovery environment
 - ❖ This modality added to our (tool belts) abilities to create a more supportive and positive rehabilitative culture

We welcome Questions!

Want to Learn More?

Brooklyn Crisis Respite Center (Formerly Parachute NYC)

Office #: 347-505-0875
Site: 2118 Union Street
Brooklyn, NY 11206

Program Director: Gayle Parker-Wright
Email: Gparker-Wright@sus.org

Assistant Program Director: Jerald Jenkins
Email: JJenkins@sus.org

To learn more just call or email
We welcome tours!

Bright Corner Respite

Office#: 646-793-1275
Site: 17-19 Montrose Avenue
Brooklyn, NY 11206

Clinical Coordinator: (Covering) G. Parker-Wright
Email: Gparker-Wright@sus.org

Senior Respite Specialist: Paulette Jarett
Email: PJarrett@sus.org

To learn more just call or email
We welcome tours!

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Thank you!



