

Affinity Place

A Peer-Run Respite Program

Overview

East House, in collaboration with the Mental Health Association of Rochester (MHA), opened Affinity Place in May 2015. It is a peer respite program, which provides short-term care to individuals in crisis as an alternative to emergency room visits or inpatient care.

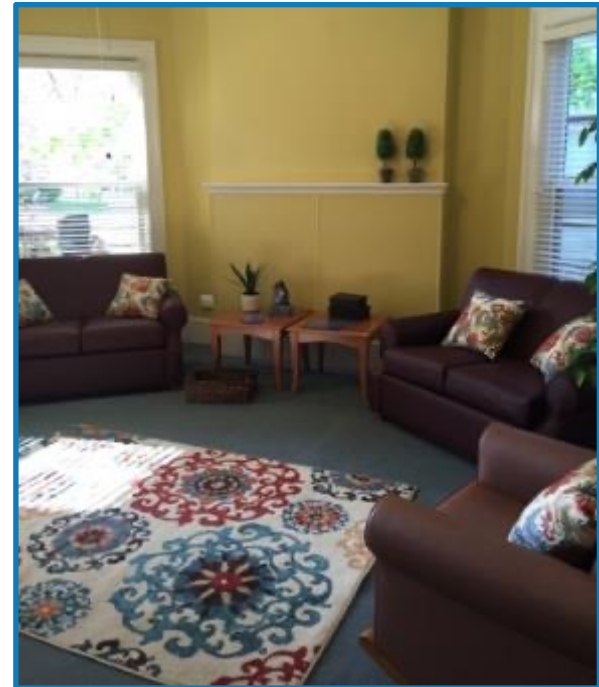
This program is made possible by reinvestment dollars from the New York State Office of Mental Health in collaboration with the Monroe County Office of Mental Health. This funding targets the creation and expansion of community-based mental health services.

About Affinity Place

- Warm-Line: 24 hours 7 days a week
- Serves 6 Counties: Monroe, Genesee, Livingston, Orleans, Wayne and Wyoming
- 8 single bedrooms
- 24-hour staffing
- No fee to stay
- An average length of stay of 3 to 5 days, with follow-up provided by MHA Peer Supports for up to 60 days
- Common rooms, shared kitchen, bathrooms, and staff office



Affinity Place



Peer Run

All peer staff receive training in:

- Trauma-informed care
- Motivational interviewing
- Crisis intervention
- Eight dimensions of wellness
- Person-centered care
- Warm line screening
- Group facilitation
- WRAP planning

All peers will have or be working toward getting the New York State Peer Certification.

Affinity Place



Goals of stay at Affinity Place

Our goal is to encourage residents to participate in activities that will help to resolve crises through:

- Development of a personal plan to respond to current crisis
- Identify short-term solutions and develop coping skills to manage future stress
- Work with peer support specialists to link with community resources like health home care management, behavioral health services, medical care and ongoing peer support
- Participation in recovery-based group activities that happen naturally



Affinity Place



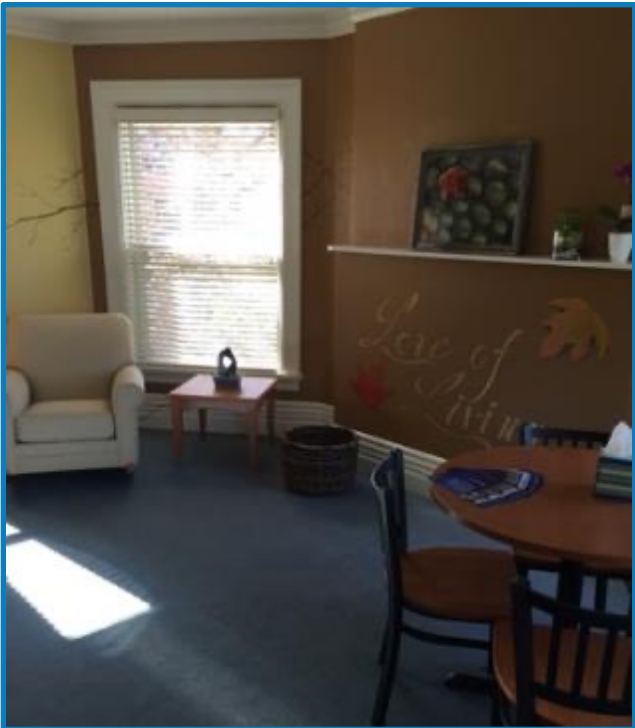
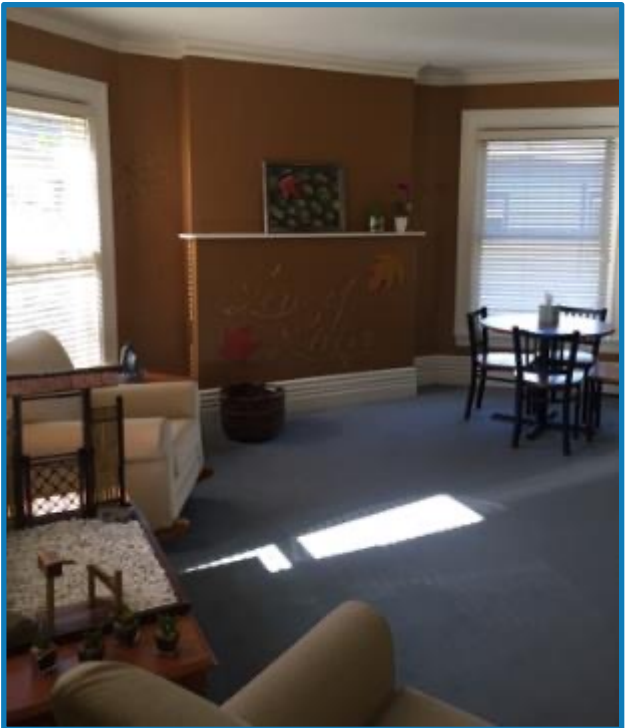
Recovery-based activities at Affinity Place

All services are presented in a ala carte style menu in a guest book located in each room. Menu items include:

- Recovery support
- One-on-one coaching
- Exercise equipment
- Yoga
- Meditation
- Musical instruments
- Arts & crafts
- WRAP planning
- Community outings



Affinity Place



Who is eligible for Affinity Place?

Individuals who use Affinity Place need to meet the following criteria:

- Be a minimum of 18 years of age
- Have a mental health or co-occurring disorder, and be experiencing a psychiatric crisis
- Medically and physically stable
- A resident of Monroe, Livingston, Wayne, Orleans, Genesee, or Wyoming counties
- Able to maintain acceptable personal hygiene
- Able to prepare meals, clean up after one's self, and administer their own medications
- Have permanent housing

Who is not eligible for Affinity Place?

An individual who:

- Poses an immediate threat to themselves or others
- Is a registered sex offender
- Displays symptoms indicative of active engagement in substance use manifested in a physical dependence or results in aggressive or destructive behavior
- Is not willing or able to respect and follow the guest agreement during his/her stay
- Is engaged in an illegal activity
- Has utilized Affinity Place for more than 21 days per calendar year

Access to Affinity Place

Individuals call 585-563-7083 and complete a pre-registration interview. All referrals to Affinity Place are voluntary self-referrals, although a provider or family member can assist someone in making the call to check-in.

If there is an opening at Affinity Place, then that individual is offered a short-term stay.

Affinity Place Warm-Line

Affinity Place has a warm-line to assist individuals in crisis. The number, 585-563-7470, is open 24 hours per day, seven days per week.

Affinity Place Results 2015

Month	Pre-Registration	Registration	Warm-line calls
May	23	12	25
June	31	21	116
July	25	22	234
August	37	19	401
September	34	24	295
October	37	30	285
November	31	24	278
December	37	29	409
TOTALS	255	181	2,043

Affinity Place Results 2016

Month	Pre-Registration	Registration	Warm-line calls
January	47	28	357
February	36	24	304
March	61	39	407
April	57	41	445
May	44	34	493
June	57	40	449
July	71	45	500
August	76	51	463
TOTALS	449	302	3418

Affinity Place Results 2015 – MHA Transitional Peers

Month	# of Guests Contacted in month	# of Face-to-Face contacts	# of Phone contacts	30 Day Surveys Completed	60 Day Surveys Completed
May	10	24	4	N/A	N/A
June	24	63	42	2	N/A
July	40	85	75	15	2
August	52	78	80	3	4
September	40	65	88	3	3
October	45	57	111	5	3
November	40	72	103	7	4
December	46	80	66	3	1

Affinity Place Results 2016 – MHA Transitional Peers

Month	# of Guests Contacted in month	# of Face-to-Face contacts	# of Phone contacts	30 Day Surveys Completed	60 Day Surveys Completed
January	54	96	127	2	4
February	48	66	97	2	5
March	65	58	139	5	4
April	68	101	90	7	2
May	65	82	104	4	5
June	70	86	92	3	4

Affinity Place contact information

Presenter Information:

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Affinity Place

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Cynde Kinyon, Transitional Peer Support Specialist

MHA and Affinity Place

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Location:

269 Alexander Street

Rochester, NY 14607

(585) 563-7083

Questions?

Thank you.