

Self-Direction in NYS

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NYS Process of Adopting Self-Direction

- Federal option for states was in line with other initiatives like Home and Community Based Services and philosophy of self-determined recovery
- HCBS services are complimentary to the ability of people in self-direction to purchase services from community providers
- Purchase of goods and services compliments need for a focus on the social determinants of health and improved outcomes

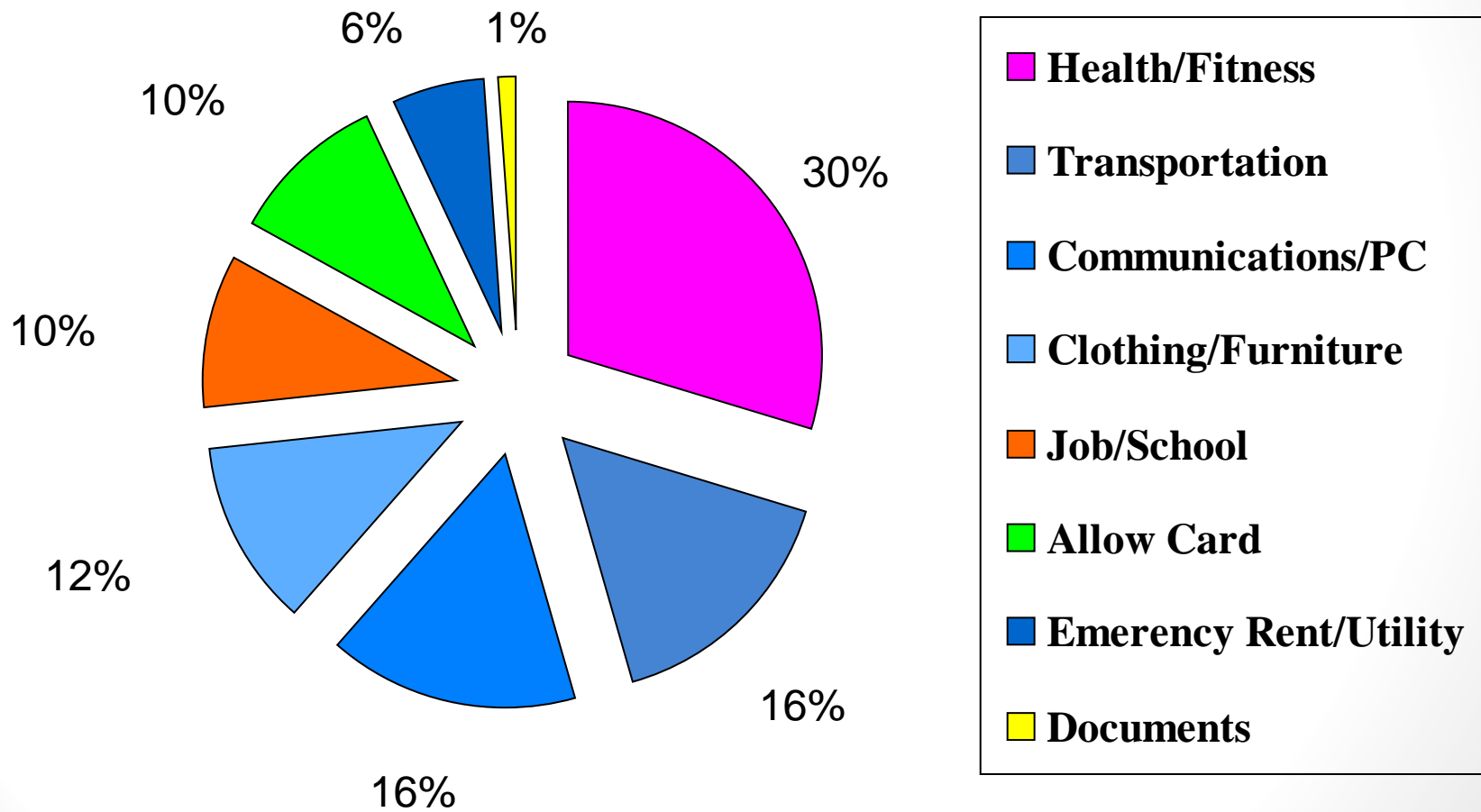
NYS Process of Adopting Self-Direction (II)

- NYS included self-direction into its application for HCBS services
- Contracted with Columbia and NYAPRS to develop a program and evaluation model
- Working with consultants to develop implementation plan and begin operationalizing a pilot approach that can be expanded over time
- Goal is to have 1-2 sites in NYC running by July 2016, with expansion to upstate by Fall 2016
- Pilot will last for 2-3 years, with expansion into a Medicaid benefit package after that

Elements of Program Design

- Individuals who would be eligible for HCBS services are offered an opportunity to use self-direction
- Individuals are referred to a “support broker” (peer or non-peer) who is trained to help them make a plan for utilizing community services and supports
- The participant and the broker work together to develop a plan, and assign a budget to the plan based on the needs of the individual
- The participant uses a budget on a debit card (or with checks and cash, if needed) to buy services and supports in the community
- The participant and the broker maintain a relationship and continue to develop the plan based on emerging and ongoing needs

Community Supports Purchased in Texas Self-Direction Pilot



Needs for Implementation

- Outreach and participation from individuals into elements of design and implementation
- Site selection
- Hiring and training of support brokers
- Information to individuals, providers, community members, managed care companies, and health homes
- Development of all protocols regarding expenditures and sharing of motivation