

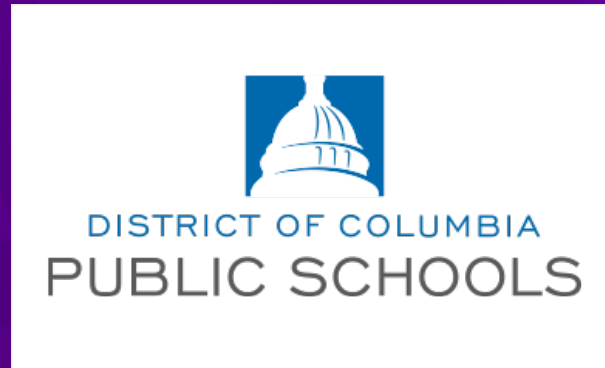
“Embracing Diversity, Advancing Healthy Equity”: Using Research to Inform Interventions for Families Impacted by Poverty and Trauma

Michael A. Lindsey, PhD, MSW, MPH

Director, McSilver Institute for Poverty Policy & Research

About the McSilver Institute

The McSilver Institute for Poverty Policy and Research at New York University Silver School of Social Work is committed to creating new knowledge about the root causes of poverty, developing evidence-based interventions to address its consequences, and rapidly translating research findings into action through policy and practice.



NYU

**SILVER SCHOOL
OF SOCIAL WORK**



Applied Research Example: *Safe Mothers, Safe Children*

- Structural racism and historical legacies of trauma impact low-income families: **Why are the majority of our families Black and Latino?**



- **Major findings:** (1) reduced recidivism; (2) decreased PTSD/depression; (3) improved parenting; and (4) improved child behavioral outcomes

Thank you!

Michael A. Lindsey, PhD, MSW, MPH

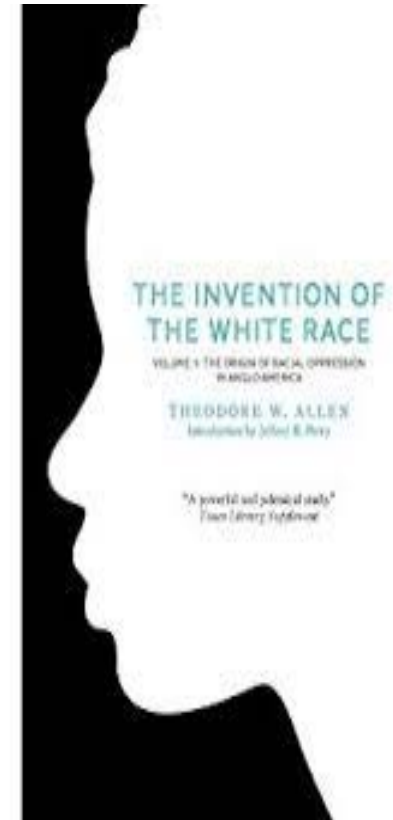
michael.lindsey@nyu.edu

Twitter: [@drmikelindsey](https://twitter.com/drmikelindsey)

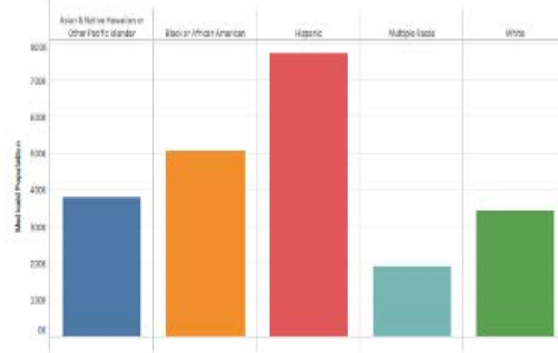


Man in restraints, B, violent ward, Phila. State Hosp.

Charles Sord

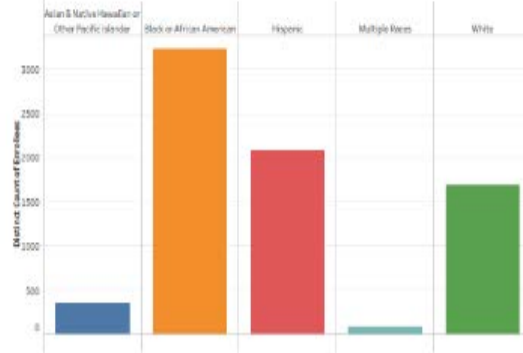


2014 Medicaid Population of New York City by Race/Ethnicity



Race	Medicaid Population	Percent of Total
Asian & Native Hawaiian or Other Pacific Islander	876,755	16.1%
Black or African American	535,043	21.5%
Hispanic	771,443	32.8%
Multiple Races	391,446	8.1%
White	448,866	16.6%

Enrollees with Subsequent Psychiatric Readmissions by Race/Ethnicity



The number of enrollees with subsequent psychiatric readmission following an initial psychiatric discharge in 2014.

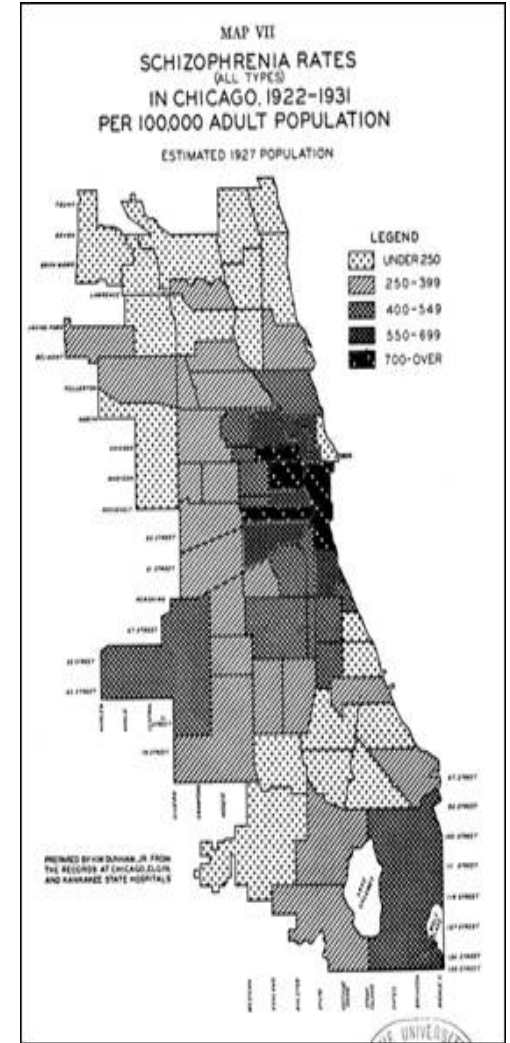
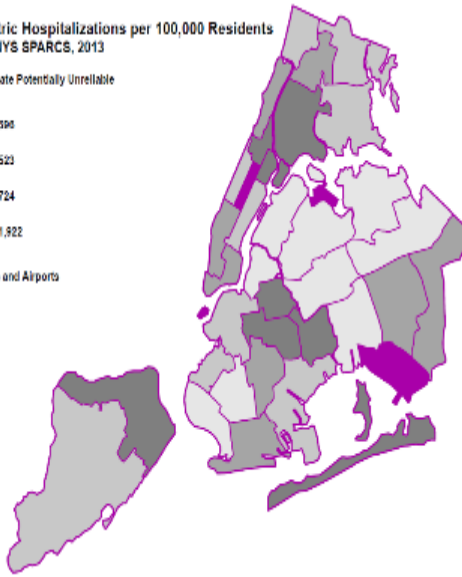
Race	District Count of Enrollees	Percent of Total Readmitted
Asian & Native Hawaiian or Other Pacific Islander	354	4.0%
Black or African American	3,220	45.3%
Hispanic	2,190	26.7%
Multiple Races	51	3.0%
White	1,685	22.7%

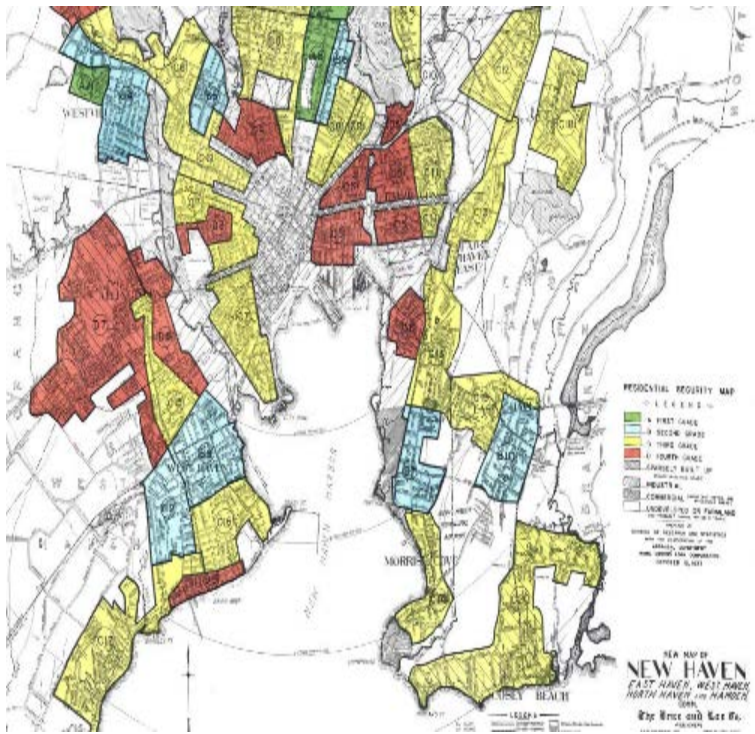
Psychiatric Hospitalizations per 100,000 Residents

Source: NYS SPARCS, 2013

⊗ Estimate Potentially Unreliable

- 265 - 396
- 397 - 523
- 524 - 724
- 725 - 1,922
- Parks and Airports





ASK US ABOUT
FHA
 LOANS to
Remodel for Veterans

LOANS UP TO \$5000.

LOW COST..
 LONG TERM

PAY OUT OF
 INCOME

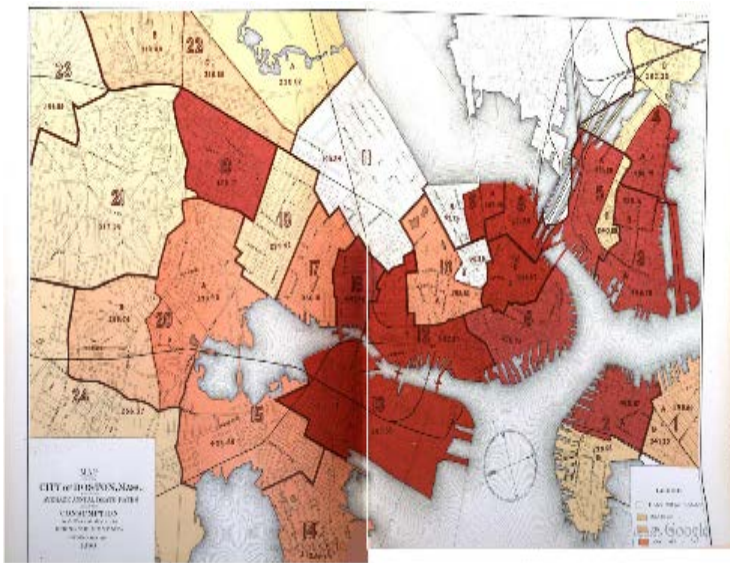
REMODEL FOR VETERANS
 FHA



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ROOT SHOCK

HOW TEARING UP
 CITY NEIGHBORHOODS
 HURTS AMERICA, AND WHAT
 WE CAN DO ABOUT IT



infectious fear

POLITICS, DISEASE, AND THE
 HEALTH EFFECTS OF SEGREGATION

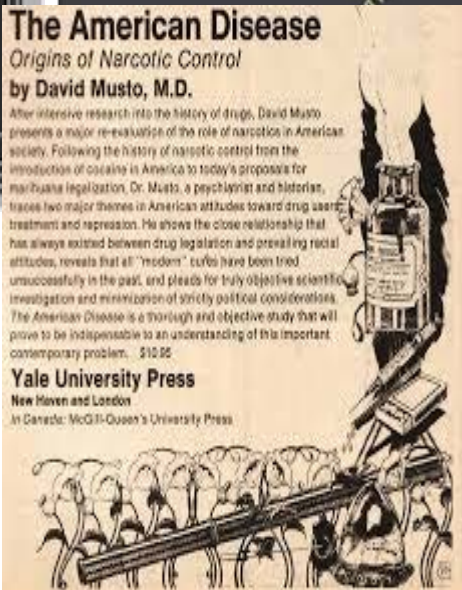
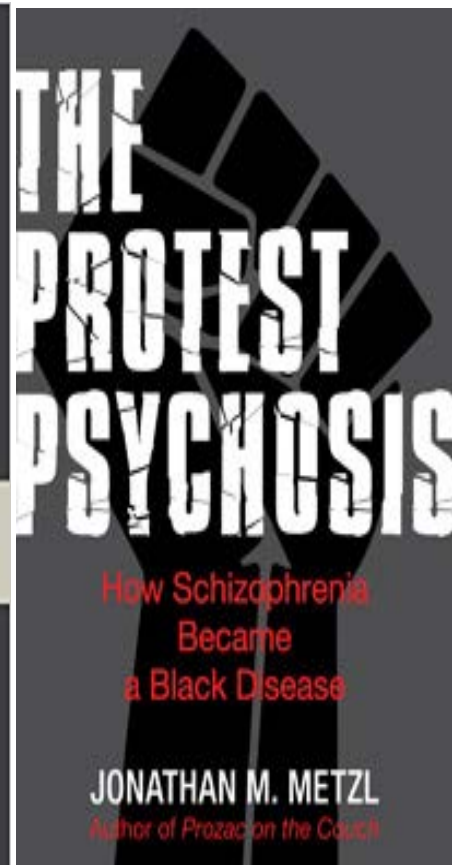
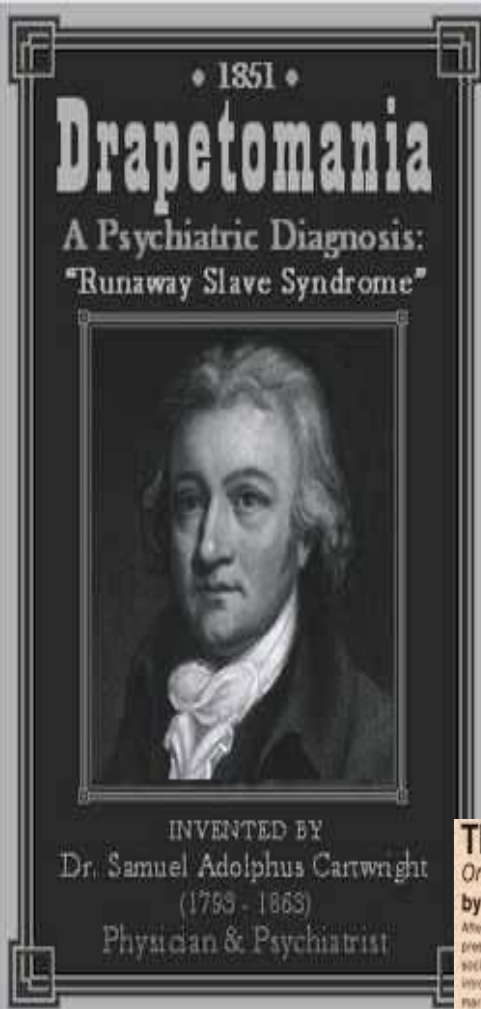
SAMUEL KELTON ROBERTS JR.



Mindy Thompson Fullilove, M.D.

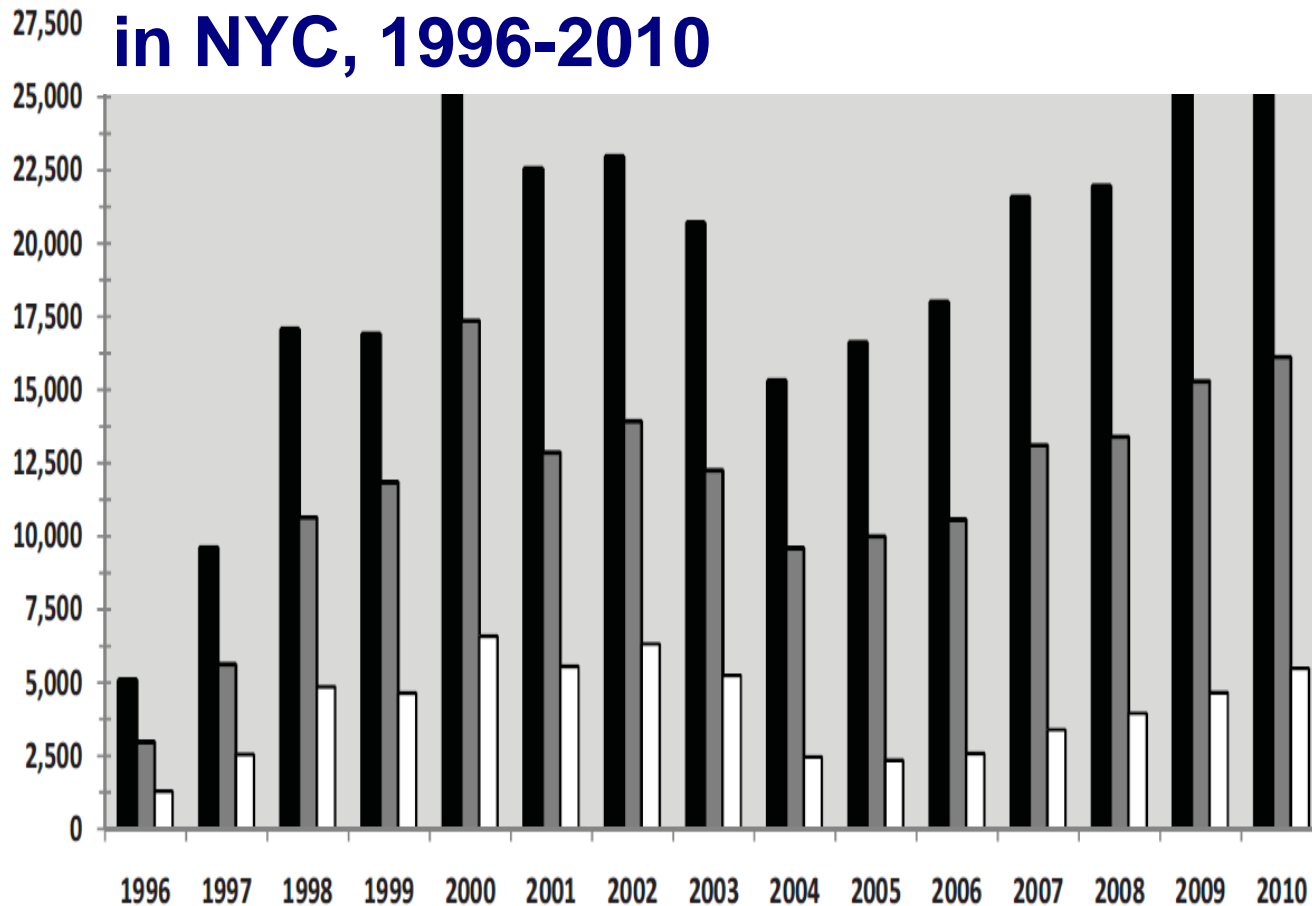
"By practicing good science in a fallow field, Fullilove illuminates her chosen subject and also transcends it."
 —JANE JACOBS, author of *The Death and Life of Great American Cities*

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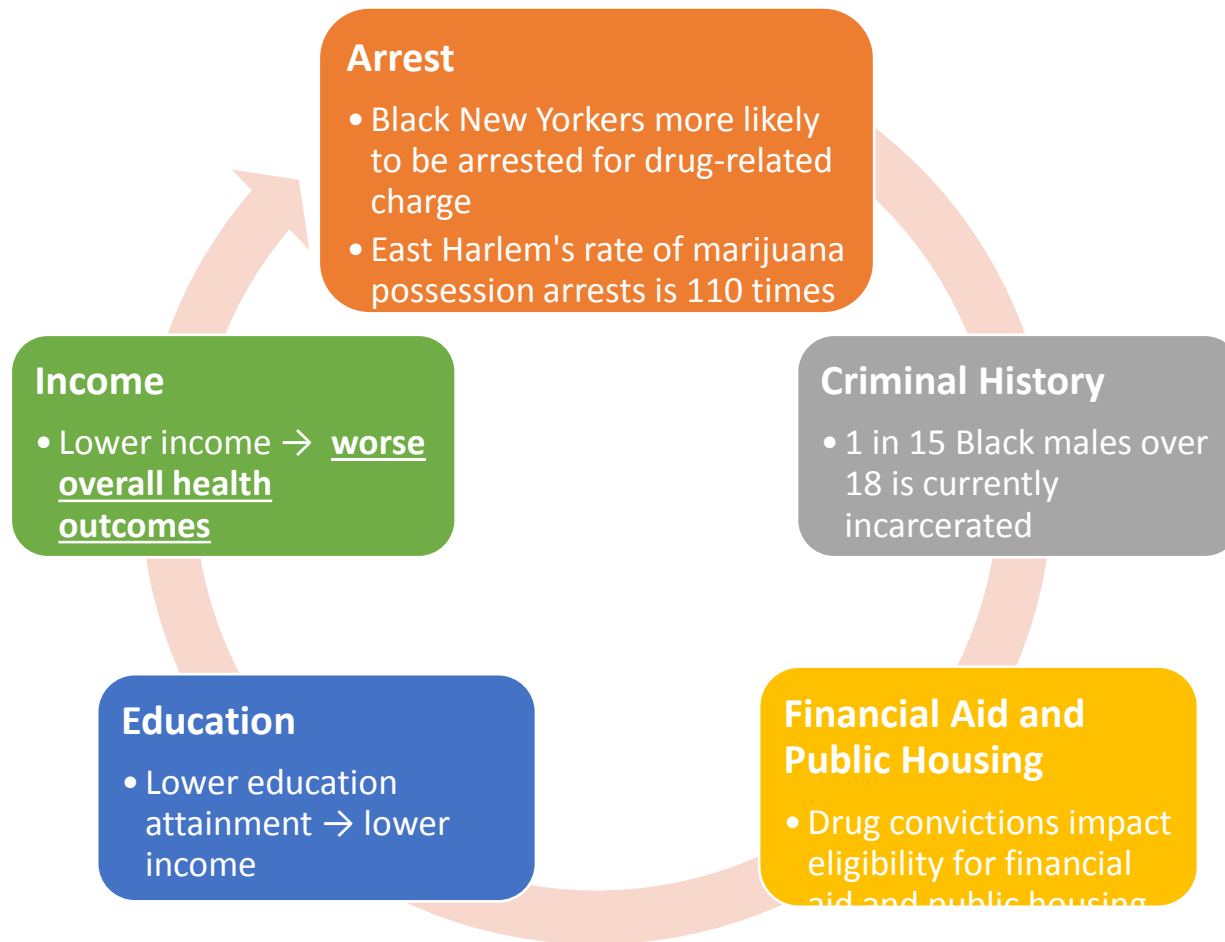
Top Adviser to Richard Nixon Admitted that 'War on Drugs' was Policy Tool to Go After Anti-War Protesters and 'Black People'

Black New Yorkers account for over half of marijuana possession arrests in NYC, 1996-2010

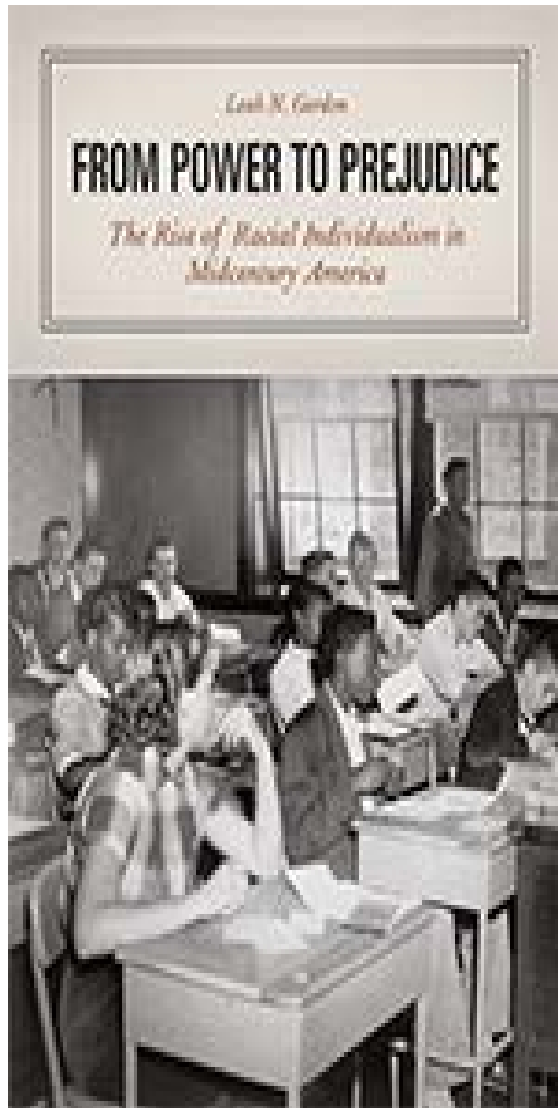


Source: New York State Division of Criminal Justice Services, Computerized Criminal History System (Feb 2011). Includes all fingerprintable misdemeanor arrests for NYS Penal Law Article 221.10 as the most serious charge in an arrest event. Ages 16 and older. These tables show only the lowest-level misdemeanor marijuana possession arrests and charges.

Black New Yorkers: Lower rates of drug use...but



Race and Segregation in Behavioral Health Conference



- Access
- Implicit bias
- Training
- Social uses of pathology
- ??

RACE TO JUSTICE AIMS

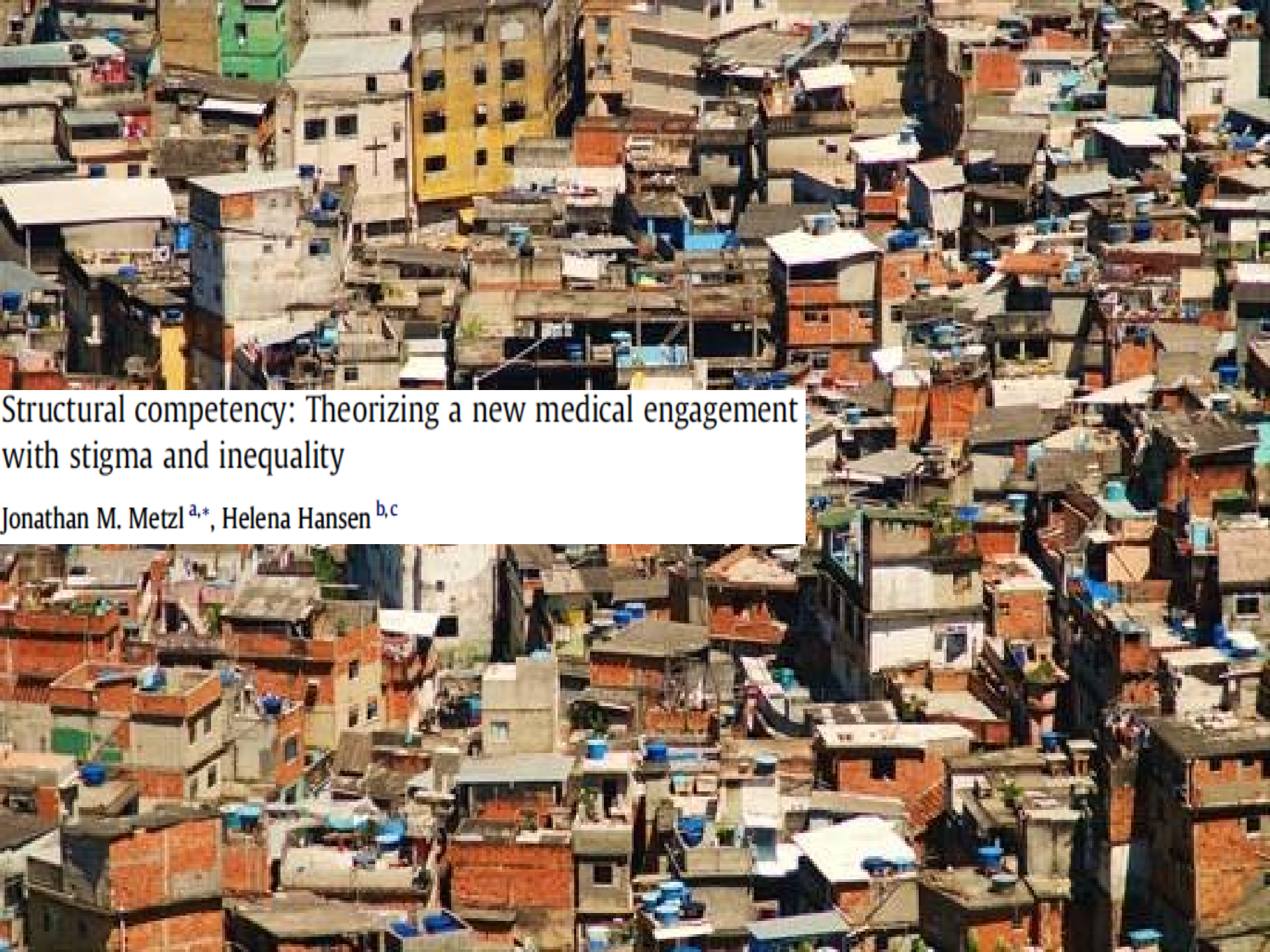
Racial equity and social justice are necessary to achieve our mission

Promote racial equity and social justice, and build internal capacity, to improve health outcomes and close health inequities by:

- Building staff awareness and skills
- Examining impact of structural racism and other systems of oppression in institutional policies and practices
- Strengthening collaborations with NYC communities

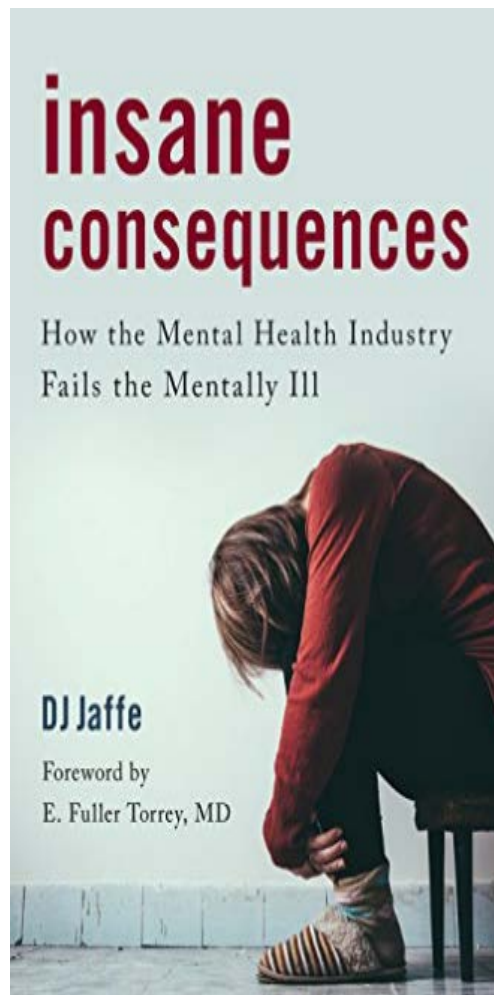
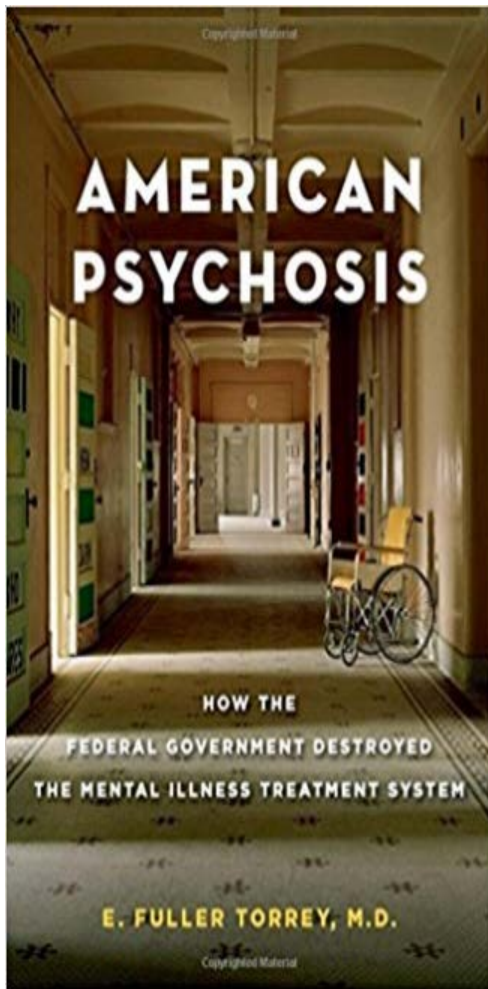


RACE TO JUSTICE | Advancing Racial Equity & Social Justice



Structural competency: Theorizing a new medical engagement
with stigma and inequality

Jonathan M. Metzl ^{a,*}, Helena Hansen ^{b,c}



Improving Long-term Psychiatric Care Bring Back the Asylum

ThriveNYC

Year One Update



The City of New York

Christina L. McGuire
First Lady of New York City
Board Chair, Mayor's Fund
for Children, NYC

Richard R. Scalet
Deputy Mayor for Strategic
Policy Initiatives

Mary T. Dorman, MD, MPH
Commissioner
Department of Health
and Mental Hygiene

NYC



Change the Culture



Act Early



Close Treatment Gaps



Partner with Communities



Use Data Better



Strengthen Government's
Ability to Lead

JAMA | Original Investigation

Effect of a Primary Care–Based Psychological Intervention on Symptoms of Common Mental Disorders in Zimbabwe A Randomized Clinical Trial

Dixon Chibanda, MD; Helen A. Weiss, DPhil; Ruth Verhey, MSc; Victoria Simms, PhD; Ronald Munjoma, SLC; Simbarashe Rusakaniko, PhD; Alfred Chingono, MSc; Epiphania Munetsi, MPhil; Tarisai Bere, BA; Ethel Manda, BSc; Melanie Abas, MD; Ricardo Araya, PhD



MHSC

Mental Health Service Corps

mhfa

mental health first aid

Connections To Care

MAJORS FUND TO ADVANCE NEW YORK CITY

NYC
Center for Economic Opportunity

NYC
Health

CONTRIBUTOR TO
NATIONAL & COMMUNITY SERVICE



#ConnectionsToCare

NYC

Department of Education

Carmen Fariña, Chancellor



COMMUNITY PARTNERS IN CARE

Compañeros Comunitarios en la Salud



Early Years Collaborative

NYC

Mayor's Office to Combat Domestic Violence

CURE

VIOLENCE

NYC JUSTICE CORPS



CU NY

The City University of New York



Mediating the Impact of Unconscious Bias in Healthcare

Barbara E. Warren, Psy.D.

Director, LGBT Programs and Policies

Office for Diversity and Inclusion

Mount Sinai Health System. NYC

Bwarren@chpnet.org



**Mount
Sinai**

People of Color Receive Fewer/Less...



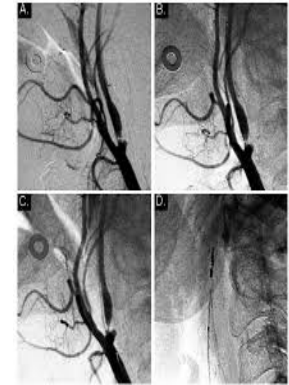
Breast Cancer Screenings



Kidney Transplants



Eye Exams



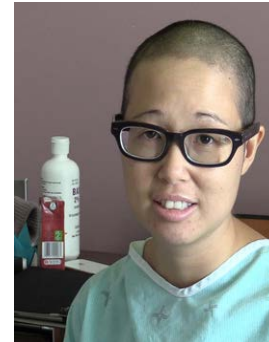
Revascularization Procedures



Vaccinations



Cardiac Care



Cancer Pain Meds



Mental Health Treatment

Weight

Research testing 2284 medical doctors found that overall doctors show a strong implicit bias against overweight people.

Men's bias was stronger than women's, and bias was strongest among those tested who were the thinnest.



Janice A. Sabin, Maddalena Marini,
and Brian A. Nosek, 2012

Gender

50% more men than women were recommended for knee replacement surgery with the same presenting medical evidence.



Borkhoff, Hawker, Kreder, Glazier, Mahomed, Wright, University of Ontario, Canadian Medical Assn.

What is bias?

A tendency or inclination that results in judgment without question.



What is Unconscious Bias?

Mental associations
without:

- Awareness
- Intention
- Control



These often conflict with our conscious attitudes, behaviors, and intentions.

Research shows that our brains jump to assumptions and conclusions without us even knowing it

This is the science of **“unconscious bias”**. Unconscious bias applies to how we perceive other people. We are all biased and becoming aware of our biases will help us mitigate them in the workplace and socially . Interestingly, the research shows that both men and women share and apply the same assumptions about gender.

McGurk Effect





John Fetterman

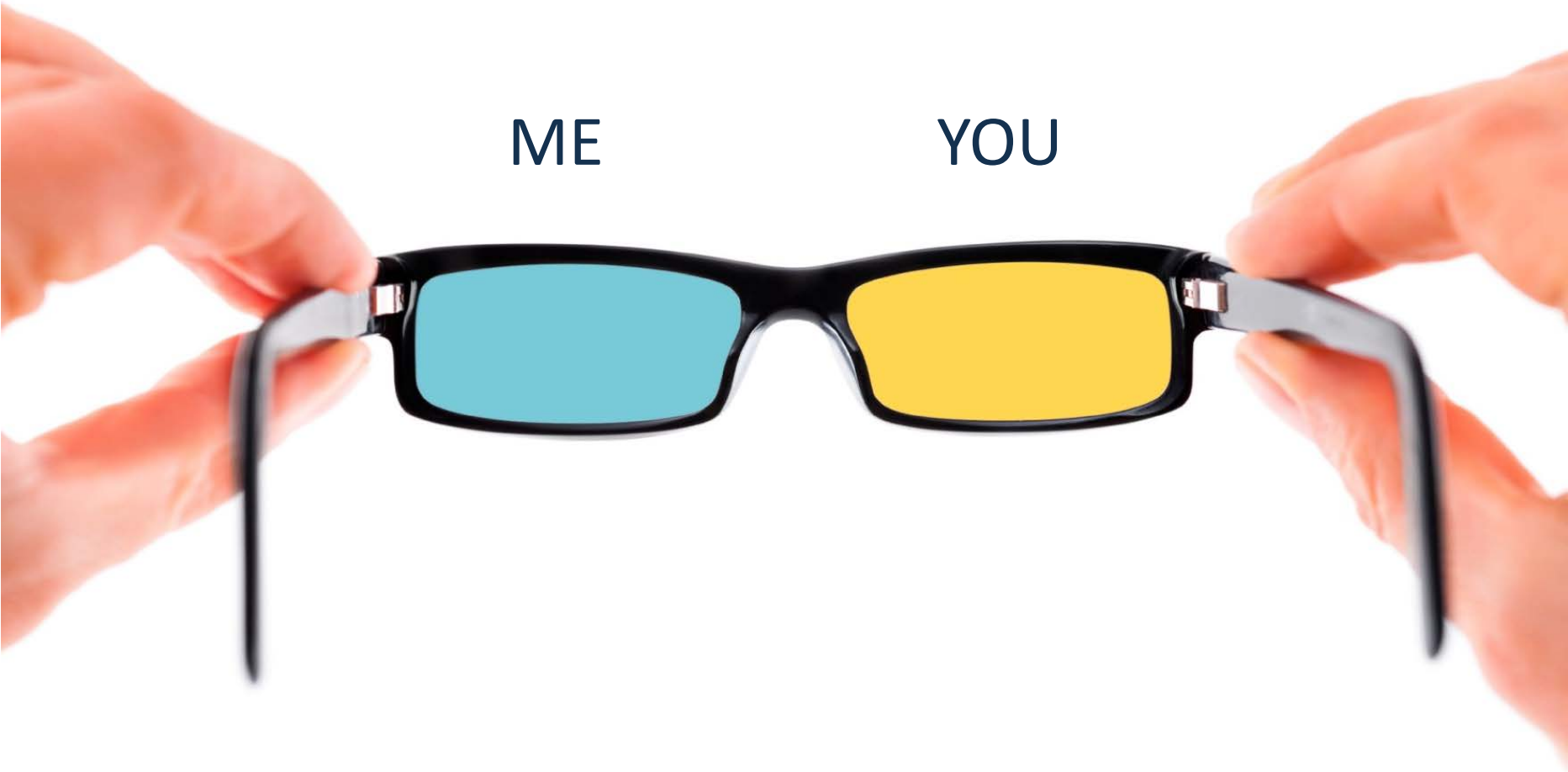
- Mayor of Braddock, PA – the tattoo on his arm is the zip code!
- Has a Master's degree from Harvard
- Served in the Americorps
- Received international media attention for the economic revitalization programming he started in his community

83% of Radiologists who were asked to search for cancer nodules, did not notice the gorilla in the top right hand portion of this image!



ME

YOU



Minority Stress

- ❑ Chronically high levels of stress faced by members of stigmatized minority groups.
- ❑ It may be caused by a number of factors, including poor social support and low socioeconomic status.
- ❑ The most well understood causes of minority stress are interpersonal prejudice and discrimination

Addressing Minority Stress

- ▶ **Trigger for Trauma**
- ▶ **Health Risk Factor**
- ▶ **Behavioral Risk Factor**
- ▶ **Mediating the Impact of Minority Stress**

