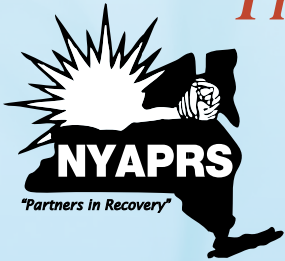


NYAPRS 34th Annual Conference

Advancing Whole Health & Healthy Communities: The Pathway to Population Health



September 14-16, 2016

**Hudson Valley Resort & Conference Center
Kerhonkson, NY**

~Featured Speakers~



Andre L. Johnson
Detroit Recovery Center



Cheryl Sharp
*National Council for
Behavioral Health*



Deron Drumm
Advocacy Unlimited



Gina Calhoun
*Copeland Center for
Wellness & Recovery*



LaVerne Miller
Policy Research Associates



Oryx Cohen
National Empowerment Center



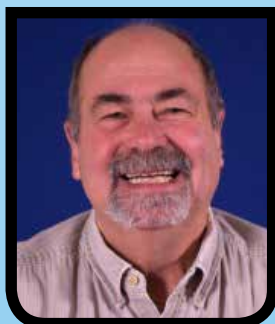
Karen Taylor
Working to Recovery



Stephanie Orlando
YOUTH POWER!



Marc Dones
Center for Social Innovation



Joe Marrone
Institute for Community Inclusion



Jennifer Mathis

Bazelton Center for Mental Health



Eduardo Vega
MHA of San Francisco

*Featuring Playback Theater with Creative Action Unlimited and
a screening of the internationally acclaimed documentary "Healing Voices."*

Dear Friend of Recovery, Rehabilitation and Rights,

We are very pleased to welcome you to our NYAPRS' 34th Annual Conference, "Advancing Whole Health & Healthy Communities: The Pathway to Population Health," held once again within the lovely Catskill Mountains here at the Hudson Valley Resort.

This year's program provides a timely opportunity to understand and address the rapidly changing healthcare environment in which we find ourselves and some guidance around how to best respond to the opportunities, choices and challenges that we all face.

At the same time, it continues to emphasize that the values of wellness and recovery, healing and transformation, innovation and integration and empowerment and activism that we have long embraced are critical to the success of these initiatives and the richness of our lives.

This year's program is chock full of opportunities to advance and experience these values and approaches. This year's program features some extraordinary keynote speakers, including several who are new to our conference and state and who are likely to be much sought after for their deeply inspirational perspectives: Cheryl Sharp, Gina Calhoun, Andre Johnson and Deron Drumm. Our program also offers 60 timely workshops.....and a joyous immersion into the extraordinary spirit of our community.

Please also check out a number of special offerings including:

- the Health, Healing and Arts Fair with free Shiatsu, Massage, Acupuncture, Reiki, and more (you can sign up for these at the NYAPRS registration table);
- our Multicultural Exhibition, Fashion Show and Diversity Bash;
- a special Wednesday film presentation of the nationally acclaimed documentary "Healing Voices"
- our first ever interactive improvisational performance by Creative Action Playback Theater
- music from DJ Jenkins, Mike Skinner's Open Mic and our nightly Dancin' with the DJ, and
- our ever popular Thursday evening outdoor barbeque.

We hope that your three days are filled with inspiration, information, celebration, connection and community, along with the opportunity to re-energize and restore your own personal spirit and celebrate the very special contributions each of you has made to advance recovery, rehabilitation, rights, dignity and community inclusion in New York State and nationally.

On behalf of our Conference Committee, the NYAPRS' Board of Directors, and our dedicated staff, we offer you a very warm welcome to the 34th Annual Conference.

Thank you.

Luis Lopez
Maura Kelly
Conference Co-Chairs


Executive Director

NYAPRS 34th Annual Conference

*Advancing Whole Health & Healthy Communities:
The Pathway to Population Health*

At-A-Glance

Wednesday, September 14

AM	
9:00	NYAPRS Health, Healing & Arts Fair ongoing through conference Featuring Free Shiatsu, Acupuncture, Reiki, Chair Massage, Ronda's Art Table, etc.
10:00	Conference Registration
PM	
11:30	Lunch
12:00	Welcome & Opening Remarks
12:30	Workshops Round 1
1:45	Break
2:00	Workshops Round 2
3:45	Break
4:00	Award Presentations Keynote
5:00	Cultural Diversity Bash
6:00	Dinner
7:15	Film "Healing Voices"
8:15	Peer Support Meetings
9:15	Open Mic with Michael Skinner
9:30	DJ & Dancing

Indoor Pool is open until Midnight



Thursday, September 15

AM	
7:00	Tai Chi for Beginners with Bryon Abrams
7:00	Yoga with Dagny Alexander
7:30	Breakfast
7:45	Breakfast with Regional Coordinators
8:00	Conference Registration
8:30	Workshops Round 3
9:45	Break
10:00	Keynote
11:30	Break
11:45	Workshops Round 4
PM	
1:00	Lunch
2:00	Award Presentations Keynote
3:45	Break
4:00	Workshops Round 5
5:15	Break
5:30	Annual Membership Meeting
6:15	Our Famous Outdoor Barbeque with Music: Rockin' to the 80's with DJ Jenkins
7:30	Entertainment – Creative Action Unlimited Playback Theater
8:30	Peer Support Meetings
9:15	Chess, Checkers, and Dominoes Club
9:30	Open Mic with Michael Skinner
9:30	DJ & Dancing

Indoor Pool is open until Midnight

Friday, September 16

AM	
7:00	Qigong with Bryon Abrams
7:30	Breakfast
8:00	Conference Registration
8:30	Workshops Round 6
9:45	Break
10:00	Keynote
11:30	Break
11:45	Workshops Round 7
PM	
1:00	Lunch & Closing Remarks

If you need CRC, CPRP, CASAC, Social Work Credits or a Certificate of Attendance, please come to the NYAPRS registration desk for the paperwork before the program starts.

Be sure to see Playback Theater performance on Thursday evening at 7:30 in the Manhattan Theatre!

2016 NYAPRS Annual Conference

CONTINUING EDUCATION CREDITS

NYAPRS is proud to offer CEU hours for CASAC, CPRP, CRC, and Social Work
Please follow the instructions below for each

CASAC, CPRP and CRC Credit Hours

PICK UP ATTENDANCE FORM AT THE REGISTRATION DESK BEFORE ATTENDING WORKSHOPS.

ALL CONFERENCE WORKSHOPS ARE ELIGIBLE FOR CASAC, CPRP, AND CRC Credit Hours

1. The attendance form must be completed in its entirety. Ensure that your name, credential, address and email address is complete and legible. If not, this will compromise your ability to obtain CEU hours.
2. Write in the workshop #, title, presenter's name, hours of each and the date.
3. After each workshop attended, have the presenter initial the form verifying that you attended the session.
4. At the end of the conference, sign the attendance sheet and submit the document to the NYAPRS Registration Desk. We will process and email a Certificate of Completion within 15 business days.

SOCIAL WORK

TO QUALIFY FOR SOCIAL WORK CEU HOURS:

1. PRIOR to the beginning of each workshop, sign-in at the front of the room. The Monitor will have the attendance sheet. If you arrive after the start of the workshop, you will not be allowed to sign-in and therefore you will not be eligible to receive CEU hours for that workshop.
2. Ensure that your name, credential, and email address is complete and legible. If not, this will compromise your ability to obtain CEU hours. Sign your name.
3. Be present for the entire duration of the workshop.
4. Complete the Evaluation form and submit it to the Monitor at time of sign-out.
5. At the end of the workshop, and only after you have submitted your completed evaluation, sign-out at the front of the room on the same line you signed-in on. The Monitor will have the attendance sheet.
6. If you have met all of these criteria, we will process and email you a Certificate of Completion within 15 business days.

All courses below are 1.25 credit hours except where otherwise noted:

- 103 Understanding Integrated Care
- 105 Bridging Care and Promoting Community Inclusion During Care Transitions
- 113 Recovery and Wellness: Tools for Transformation
- 118 Employment... Yes! The Role of Employment in Recovery
- 121 Don't Let Our Lives Go Up in Smoke
- 127 Determining Success: The Essential Role of Social Determinants
- 128 Engagement Strategies for Culturally Diverse Populations
- 137 Creating a Competent Recovery Workforce through the Principles and Practices of Psych Rehab
- 145 Looking at Culture from Every Angle: A Round Table Discussion on Cultural Challenges in Today's Behavioral Health System
- 153 The Torturous Triple Threat: Violence, Victimization and Drug Use; 1.0CE

New York Association of Psychiatric Rehabilitation Services, Inc., (NYAPRS) SW
CPE is recognized by the New York State Education Department's State Board for Social Work
as an approved provider of continuing education for licensed social workers #0253

NYAPRS 34th Annual Conference

Advancing Whole Health & Healthy Communities: The Pathway to Population Health



September 14-16, 2016

**Hudson Valley Resort & Conference Center
Kerhonkson, NY**

Wednesday, September 14th, 2016

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before the
program starts.*

- 9:00am **Health, Healing & Arts Fair ongoing throughout conference**
Featuring Free Shiatsu, Acupuncture, Chair Massage, Ronda's Art Table, and Reiki
- 10:00am **Conference Registration** **NYAPRS Registration Desk**
You only have to register once for the entire conference
- 11:30am **Lunch** **Ballrooms A&B**
- 12:00pm **Opening Remarks** **Manhattan Theatre**
Conference Co-Chairs:
Luis Lopez, *New York State Psychiatric Institute, New York, NY*
Maura Kelley, *Mental Health Peer Connection, Buffalo, NY*
Harvey Rosenthal, *NYAPRS, Albany, NY*
- 12:15am **Break**

Workshops Round 1 12:30pm - 1:45pm

Track	Workshop #	Room
H&W	101 Hearing Voices- A Community Approach to Hearing Voices and Other Unusual Experiences	Manhattan Theatre
	<i>This workshop will help us to better understand the voice hearing experience, listen to the narrative and unravel the meaning. International leader Karen Taylor will explore how we can all help voice hearers to not feel stigmatized and discriminated against in our communities and to live full lives Participants will explore how the impact of voice hearing effects not only for the person but for the family and community around them and how this can become a more positive experience for everyone.</i>	
	Karen Taylor , <i>Working to Recovery, United Kingdom</i>	

Don't forget to visit the Multicultural Exhibition in the Library and our fantastic, renowned, delicious barbeque Thursday evening at 6:15 outdoors in the tent.

Tracks:

- | | | |
|--|--|-------------------------------|
| PTH = Pathways to Healing | TR = Trauma | EMP = Empowerment |
| SDH = Social Determinants of Health | MIC = Managed & Integrated Care | CC=Cultural Competence |
| S&H= Stories & History | PP = Promising Practices | PS=Peer Services |
| H&W = Health & Wellness | Admin = Administration and Management | |

- PP 102 **Our Pathway to Promoting Population Health in DSRIP & Health Homes**..... **Ballroom C**
New regional DSRIP networks called Performing Provider Systems are reshaping local systems of care across the state to improve health outcomes for Medicaid beneficiaries, many of whom experience moderate to serious behavioral health conditions. Yet we have heard of very few instances where PPSs have contracted with behavioral health providers to transform and improve how these local systems operate. Here's a few promising examples of where that is happening, along with an account of how an upstate peer agency is playing a major role in the local health home.
Aileen Martin, Northern Regional Center for Independent Living, Watertown, NY
Kim Taro, Mental Health Association of the Southern Tier, Binghamton, NY
Maura Kelley, Mental Health Peer Connection, Buffalo, NY
- MIC 103 **Understanding Integrated Care**..... **Columbia**
This workshop will follow John, a 32 year old person who is navigating the changes in the way he will receive care during his road to recovery. The presentation will give an overview of integrated medical and behavioral healthcare and its core elements and feature specific examples on how individuals can understand and be involved in their care to make integrated care work for them. It will introduce two workbooks that have been designed with integrated care in mind: Wellness Self-Management and Wellness Self-Management Plus.
Sapana Patel and **Paul Margolies**, New York State Psychiatric Institute, New York, NY
- PS 104 **The Peer Workforce: Building a Profession, Maintaining a Movement**..... **Dutchess**
Join an intergenerational and cross-systems panel of peer leaders in discussing the journey from a movement to a professional workforce and in identifying opportunities in the road ahead.
Bill Gamble, Mental Health Empowerment Project, Albany, NY
Paige Pierce, Families Together of NYS, Albany, NY
Walter Ginter, Medication Assisted Recovery Services, Bronx, NY
- EMP 105 **Stamping Out Structural Stigma in the Delivery of Behavioral Health Care Services**... **Ulster**
Individuals with mental health/ substance use disorders are often stigmatized by the very health care system designed to support them. Structural stigma is based upon previously held beliefs that individuals who have mental health or substance abuse disorders are "lesser" than the rest of society. In cultures heavily infused with structural stigma there are disempowerment and low expectations of individuals who have mental health or substance abuse concerns. The presentation then reviews Value Behavioral Health's (VBH-PA) journey from a stigmatizing medical model to a recovery based culture that included recovery focused policies and practices. The engagement center will talk about some of the recovery based programs that it has implemented and concludes with an individual sharing their powerful story on how their life was changed by the recovery based programs offered at VBH-PA.
Lisa Kugler, Beacon Health Options Maryland Division, Baltimore, MD
Clarence Jordan, Vice President of Wellness & Recovery for Beacon Health Options, Memphis, TN
- Admin 106 **Healthy Agencies Create Healthy Communities: 5 Tools to Prepare**..... **The View**
Are you using data to support your decision-making? Is your agency contributing to the overall health of your community? How do you know? Good metrics can inform agency operations, highlight trends, and enhance collaboration. This session offers a five-step strategy for using metrics to help agencies eliminate guessing, support growth, operate more efficiently, and improve quality of care.
David Bucciferro, Foothold Technology, Scotia, NY
- PP 107 **Bridging Care and Promoting Community Inclusion during Care Transitions**..... **Hudson 2**
This workshop will present a framework and tools for providing transitional care for people with chronic conditions when they make transitions from one setting to another. Transitions between different levels of care are critically important, vulnerable points that contribute to lapses in quality of care and safety.
Helle Thorning and **Luis O. Lopez**, New York State Psychiatric Institute, New York, NY
Pascale Jean-Noel, Center for Practice and Innovations, New York, NY
- PTH 108 **Rhythms for Wellness, Recovery and Connection: Community Drumming**..... **Outside**
This is a longtime NYAPRS favorite: an interactive workshop that presents the opportunity to connect to your innate sense of play and the healing, gentle power of rhythm. You may bring your own percussive instrument. A limited number of instruments (35- 45) will be provided.
Chrys Ballerano, NYS Coalition Against Sexual Assault, Albany, NY

Workshops Round 2 2:00pm - 3:45pm

Track	Workshop #		Room
SDH	109	<p>Healing from Within.....</p> <p><i>Too often external methods of dealing with the negative consequences of stress are promoted over internal methods. This workshop will explore ways to activate the body's natural healing resources. Through discussion and experiential means we will explore ways to self-regulate the body's stress response system through meditation, breath practices, self-massage, Qigong and Tai Chi. "Healing from Within" is a program of Advocacy Unlimited that provides holistic healing practices to people in inpatient settings.</i></p> <p>Deron Drumm, Advocacy Unlimited, Hartford, CT</p>	Manhattan Theatre
S&H	110	<p>A History of the Movement.....</p> <p><i>History connects us with our past, with those who have gone before us and those who have earned remembrance. Persons currently working as peer providers, including peer specialists, may not be aware of the rich history to which they now belong. The presenter will review the early history of the "Consumer/Survivor Movement" so that peers can learn about their roots, where they came from as it applies to their work today. It is time to pay tribute and to honor those early pioneers who created the path so that we could someday benefit and continue the journey.</i></p> <p>Oryx Cohen, National Empowerment Center, Lawrence, MA</p>	Ballroom C
TR	111	<p>Helping People to Make Peace with the Past.....</p> <p><i>Cheryl and Mike are both trauma thrivers/survivors who have worked with trauma survivors nationally to bring trauma-informed approaches to enhance healing, hope and support. This workshop will provide opportunities for us to engage with each other around "what hurts and what helps" when providing support to each other as we heal our pasts. Drawing on the principles of Intentional Peer Support, we will explore "help versus support." Each of us are hard-wired to heal and healing happens in relationships.</i></p> <p>Mike Skinner, Surviving Spirit, Goffstown, NY Cheryl Sharp, National Council for Behavioral Health, Washington, DC</p>	Columbia
MIC	112	<p>Behavioral and Physical Health Integration is Essential to Promoting Total Population Health.....</p> <p><i>There is no health without mental health and vice versa! This workshop will provide consumer, peer provider of specialty mental health and primary care perspectives on improving the health and health care of people with mental illnesses.</i></p> <p>Dr. Lloyd Sederer, Medical Director, NYS Office of Mental Health, New York, NY Jody Silver, Collaborative Support Programs of New Jersey, Freehold, NJ Carlton Whitmore, NYC DOHMH - Office of Consumer Affairs - Long Island City, NY</p>	Dutchess
MIC	113	<p>Recovery and Wellness Tools for Transformation.....</p> <p><i>This presentation will help stakeholders make sense of the key partners in the new system, including HARPs, Health Homes, and their relationship to managed care plans. Participants will leave renewed confidence in their ability to work with the new managed care system. Panel participants will discuss the inherent conflict between Recovery and Wellness based services and the potential for an increasingly illness focused Medical Model approach, especially in light of the transition to Medicaid Managed Care.</i></p> <p>Jeremy Reuling and Dwayne Mayes, MHA of Westchester, Tarrytown, NY Sara Goodman, Baltic Street, Brooklyn, NY Elizabeth Patience, NYS Office of Mental Health, Syracuse, NY</p>	Ulster

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- EMP 114 **How to Meet and Mingle**.....**The View**
 Does the idea of talking to people you don't know, make you weak in the knees? This workshop will offer some fun and engaging strategies that will help you to overcome your fears and meet new people with charm and confidence. This fun and interactive workshop will also present opportunities to brainstorm about how to overcome obstacles to dating such as budget limitations, transportation and the dreaded first date jitters.
Amy Colesante and Bill Gamble, Mental Health Empowerment Project, Albany, NY
- S&H 115 **Beyond the Book Cover: Claiming Our Narratives**.....**Hudson 3**
 You really can't judge a book by its cover. Re-framing our stories is a key recovery component to manifest who we really are, not by someone else's definition. Who's writing the story is as important as who is reading. Let's reclaim our stories, maintain our dignity, and effectively collaborate with others.
Charles Brack and Dennis Whetsel, United Healthcare, New York, NY
- PS 116 **Peer Specialist Career Mobility and Advancement: Barriers and Opportunities**.....**Hudson 2**
 We will present results from two national surveys: one focused on the workplace experiences and perceived career development supports of about 1,000 peer specialists, and the second on national and state peer specialist workforce composition and challenges. Following the survey presentation, we will facilitate audience discussion of findings and implications.
Jessica Wolf, Decision Solutions, Fairfield, CT
Liz Breier, Collaborative Support Programs of New Jersey, Freehold, NJ

3:45pm-4:00pm **Break**

4:00pm - 5:00pm Award Presentations and Keynote

Manhattan Theatre

Healing Our Pasts, Hope for our Futures: Understanding the Power of Post-Traumatic Growth

Cheryl Sharp, National Council for Behavioral Health, Washington, DC

Introduction: **Cathy Cave**, Mental Health Empowerment Project, Albany, NY

Cheryl Sharp is a nationally recognized expert who will "share my story from the early childhood trauma to the deep despair that many of us find ourselves in when we lose the capacity to cope." Her presentation will talk about the process "from a life sentence of 'mental illness' to an understanding that wellness and recovery occurs along a continuum. Life has become an amazing journey full of amazing people and it seems to only be getting better. all of us deserve a life worth living; fully and with joy."

5:00pm-6:00pm **Cultural Diversity Bash**, music by DJ Jenkins.....**Hotel Lobby**

6:00pm-7:00pm **Dinner****Ballroom A & B**

Bring your drums for the drumming circle on Wednesday afternoon

NYAPRS would like to welcome all conference participants to celebrate with us at our Cultural Fashion show taking place on Wednesday, September 14 at 5:00 pm during the Cultural Diversity Bash. Sponsored by the NYAPRS Cultural Competence Committee

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Evening Program

- 7:15pm-9:00pm **Documentary ‘Healing Voices’** **Manhattan Theatre**
HEALING VOICES is a new social-action documentary feature which is expected “to go a long way to healing our fear of people commonly labeled as “schizophrenic,” “bipolar,” and “psychotic.” The message of this film is that understanding and love—not fear and stigmatizing labels—are what people who have experienced these altered states need.”
The film explores two question: What are we talking about when we talk about “mental illness”? What is truly helpful?
“By way of the harrowing and inspiring stories of individuals learning to negotiate and grow through the madness, HEALING VOICES challenge us to rethink our cultural understanding of “mental illness” by bringing a message of recovery, and charting the course for the effective alternative treatments that enable people to live productive meaningful lives.”
The film is co-produced by Oryx Cohen, an extraordinary leader in the international consumer/survivor/ ex-patient movement who currently serves as the director of the National Empowerment Center’s Technical Assistance Center.
Oryx Cohen, Lawrence, MA
- 8:15pm-9:15pm **Support Meetings**
- Open Peer Support Meeting** **Dutchess**
 - Dual Recovery Anonymous Meeting**..... **Hudson 1**
 - LGBTQI Peer Support Meeting**..... **Hudson 2**
 - Veterans Peer Support Meeting**..... **Hudson 3**
- 9:15pm-11:00pm **Chess, Checkers and Dominoes Club, with Luis Lopez and Chacku Mathai**..... **Hotel Lobby**
- 9:15pm-11:00pm **Open Mic, with Michael Skinner**..... **Ballroom C**
- 9:30pm-Midnight **DJ & Dancing** **Empire Lounge**
Pool open until Midnight

Thursday, September 15th

- 7:00am-8:00am **Tai Chi for Beginners, with Bryon Abrams**.....**Aerobics Room**
If you’re looking for a way to reduce stress, consider tai chi (TIE-CHEE). Originally developed for self-defense, tai chi has evolved into a graceful form of exercise that’s now used for stress reduction and a variety of other health conditions. Often described as meditation in motion, tai chi promotes serenity through gentle, flowing movement.
- 7:00am-8:00am **Yoga with Dagny Alexander**..... **Bentley’s**
- 7:30am-8:30am **Breakfast**.....**Ballrooms A&B**
- 8:00am **Conference Registration****NYAPRS Registration Desk**
You only have to register once for the entire conference.

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*Be sure to get an appointment to all the health care practitioners:  
 Shiatsu, Reiki, Chair Massage and Acupuncture. All FREE.*  
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Workshops Round 3 8:30am - 9:45am

- PTH 117 **The Impact of Poverty and Racism on Population Health** **Manhattan Theatre**
It is becoming increasingly clear that population health is directly affected by an individual's social, economic and housing status as well as factors contributing to social injustice and health disparities and inequities. This workshop considers the complex ways in which poverty and racism can combine to negatively impact health and wellness by increasing stigma and restricting opportunities for people of color and people who are struggling to make ends meet. Join our presenters as we explore strategies to overcome barriers and challenges to integrating social factors into the promotion of full population health.
Marc Dones, Center for Social Innovation, Needham, MA
Chacku Mathai, NAMI STAR Center, Alexandria, VA
Ali Rashid, NYAPRS, Albany, NY
Moderator **Tanya Stevens**, NYAPRS, Albany, NY
- SDH 118 **Employment... Yes! The Role of Employment in Recovery** **Ballroom C**
Participants will learn strategies for helping individuals to activate their interest in employment and to learn about an approach - Individual Placement and Support - that helps people find meaningful jobs.
Paul Margolies, Karen Broadway-Wilson, Raymond Gregory and Thomas Jewell,
NY State Psychiatric Institute, New York, NY
Kathleen Herndon, Mental Health Association in Putnam, Brewster, NY
Len Statham, NYAPRS, Albany, NY
- MIC 119 **HARP Lessons Learned: We're All in It Together** **Columbia**
Building on its reputation for outstanding service to the Medicaid population, the Capital District Physicians Health Plan (CDPHP) has partnered with Community Care Behavioral Health for its experience in population health management in Pennsylvania, as well as its work here in New York to assist in meeting the needs of HARP members. This unique model offers an enhanced "boots on the ground" strategy to assist HARP members in connecting to an integrated provider community.
Bob Holtz, Capital District Physicians Health Plan (CDPHP), Albany, NY
Kelly Lauletta, Community Care Behavioral Health Organization, Albany, NY
- SDH 120 **Peer-Supported Economic Empowerment: Promoting Financial Wellness among People in Recovery** **Dutchess**
Building on its reputation for outstanding service to the Medicaid population, the Capital District Physicians Health Plan (CDPHP) has partnered with Community Care Behavioral Health for its experience in population health management in Pennsylvania, as well as its work here in New York to assist in meeting the needs of HARP members. This unique model offers an enhanced "boots on the ground" strategy to assist HARP members in connecting to an integrated provider community.
Oscar Jimenez-Solomon, New York State Psychiatric Institute, Columbia University
Department of Psychiatry New York, New York, NY
Peggy Swarbrick, Collaborative Support Programs of New Jersey, Freehold, NJ
Maura Kelley, Mental Health Peer Connection, Western New York Independent Living, Buffalo, NY
Steve Duke, Taina Martinez, Laurie Vite, Baltic Street AEH, Brooklyn, NY
- H&W 121 **Don't Let Our Lives Go Up in Smoke** **Ulster**
This workshop will focus on the impact that smoking has on the health and lives of people with behavioral health conditions. We will show a short video and present information from the research literature on how smoking affects a variety of critical health indicators that often result in early death. We will then engage in a dialogue with workshop participants on the barriers people face in their efforts to quit smoking as well as systems-level barriers practitioners face in trying to help people quit. We will also identify some of the myths smokers and treatment providers have about smoking and what treatments work. We will then brainstorm ideas on what can help consumers quit who still smoke so that they can have a healthier and longer life.
Forrest Foster, Luis Lopez, Nancy Covell, and Bernadette Cain, New York State Psychiatric Institute, New York, NY

- PS 122 **The Expanding Role of Peer Support: Health, Wellness, and Community Connectedness**.....**The View**
The presentation will provide participants with a brief review of how peer support has evolved over the past 50 years, from mutual self-help groups and grassroots peer advocacy organizations to more formal peer support programs and services offered through community-based peer-run organizations and agencies. With the growing emphasis on integrated healthcare, new opportunities have arisen for peer support services and programs. The relationship between personal and community health and wellness will be explored. Ideas for innovations in expanding peer support will be presented and discussed.
Thomas Lane, Magellan Public Sector Solutions, St. Pierce, FL
- H&W 123 **Creating Wellness: Nuts and Bolts for Planning and Conducting a Health Fair****Hudson 1**
Health and wellness are important for people in mental health and addictions recovery. This session will explore the nuts and bolts of planning and implementing a health fair to empower one another with tools to prevent and manage health issues to enhance quality of life and lifespan. The empowering role of peer providers will be discussed.
Christina Serrano and **Stephen Olker**, Collaborative Support Programs of NJ, Freehold, NJ
- TR 124 **Healing Community Trauma through Resiliency**.....**Hudson 2**
Come hear how Crestwood Behavioral Health is infusing the use of resiliency building skills and Trauma-Informed Care Approaches in its recovery based services and in a variety of community education efforts to reduce secondary trauma in providers.
Patricia Blum, Ruth Gonzales and **Janet Vlavianos**, Crestwood Behavioral Health, Sacramento, CA
- PS 125 **Crucial Conversations in Peer Support**.....**Hudson 3**
This interactive workshop teaches the dynamics to achieve mutuality in understanding and connectedness through vital conversations in peer support. Participants develop tools, skills, and an enhanced capacity to create synergy that transforms people and relationships through constructive conversations. These powerful resources can benefit team building, performance management, conflict resolution, and problem solving.
Anne Dox, Cathy Cave, and **Beth Mangiaracina**, Mental Health Empowerment Project, Albany, NY

9:45am-10:00am **Break**

Award Presentations and Keynote 10:00am - 11:30am

Keynote: March for Mental Health: Destination Dignity **Manhattan Theatre**

A grassroots movement is gaining strength across our nation, a movement dedicated to creating a groundswell all across our society that says 'enough!' to the discrimination, defamation and marginalization of our community! This movement is coming together to organize a series of national and local events that are intended to serve as the tipping points that Selma, Seneca Falls and Stonewall represented for African Americans, women and LGBTQI individuals.

Come hear from the nation's chief organizer about the October 10th march in Washington DC and the March for Mental Health: Destination Dignity that NYAPRS will be hosting in 2018.

Eduardo Vega, Mental Health Association of San Francisco, San Francisco, CA

Julie Erdman, Creative Explorations, Riverhead, NY

Carla Rabinowitz, Community Access, New York, NY

Sue Parrinello, Aid to the Developmentally Disabled, Riverhead, NY

Jeff McQueen, Mental Health Association of Nassau County, Hempstead, NY

Moderator: **Harvey Rosenthal**, NYAPRS, Albany, NY

11:30am-11:45am **Break**

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Workshops Round 4 11:45am - 1:00pm

Track	Workshop #		Room
S&H	126	<p>At Least One: Hope Inspiring Relationships.....</p> <p><i>Essential to recovery is having at least one hope inspiring-relationship. Gina will share her personal story of transitioning from long-term institutionalization to active community citizenship. Through her journey, we will discover the importance of hope inspiring relationships including the essential role of peer support.</i></p> <p>Gina Calhoun, Copeland Center for Wellness and Recovery, Brattleboro, VT</p>	Manhattan Theatre
SDH	127	<p>Determining Success: The Essential Role of Social Determinants.....</p> <p><i>The circumstances in which people are born, grow up, live, work, and age shape health in powerful ways. One's social and physical environment, access to a quality education and health services, and socio-economic status collectively has a major influence on their quality of life. This presentation provides a lens through which to view services to populations impacted by harmful social and environmental factors and their impact on the well-being of individuals and communities.</i></p> <p>Andy Cleek, Briana Goncalves and Dottie Lebron, McSilver Institute for Poverty, Policy, & Research New York University, New York, NY</p>	Ballroom C
CC	128	<p>Engagement Strategies for Culturally Diverse Populations</p> <p><i>This session will increase awareness of the impact of culture on the utilization of behavioral health services and will provide examples of strategies that can increase access for diverse adults, children and families. The presenter will share models and substance use treatment services and will discuss how developing trust and confidence in the services offered works best and is the preference of diverse individuals and families.</i></p> <p>Lenora Reid-Rose, Cultural Competence & Diversity Initiatives, Coordinated Care Services, Inc, Rochester, NY Oscar Jimenez-Solomon, New York State Psychiatric Institute, Columbia University Department of Psychiatry, New York, NY</p>	Columbia
EMP	129	<p>Program Participants Guiding an agency: Lessons Learned from Community Access' PPAG</p> <p><i>The Program Participant Advisory Group (PPAG) was developed so Community Access could hear directly from participants about both needed changes good things that are happening in each program and the agency. Learn how a group of tenants, PPAG, from 22 buildings and non-housing programs came together to form an advisory group to the CEO and senior management staff.</i></p> <p>Carla Rabinowitz and Mark Jennings, Community Access, New York, NY</p>	Ulster
TR	130	<p>Appreciating and Activating Post-Traumatic Growth.....</p> <p><i>While the negative effects of trauma have been studied extensively, less attention has been paid to the possibility that traumatic events can have a positive impact on people. Many people report benefits in areas such as changes in self-perception, changes in interpersonal relationship and a changed philosophy of life. In this workshop, we will explore the notion of Post-Traumatic Growth.</i></p> <p>Sara Goodman, Baltic Street AEH, Brooklyn, NY</p>	Dutchess
SDH	131	<p>Strengthening Spiritual, Emotional, and Physical Health of Families and Communities- Health and Wellness Unity Builders (HUB)</p> <p><i>The circumstances in which people are born, grow up, live, work, and age shape health in powerful ways. One's social and This workshop explores an innovative approach to recovery that enhances the personal spiritual, emotional, and physical health of individuals and their families through unity and community connectivity, building stronger more sustainable families and communities.</i></p> <p>Dr. Tammy Butler-Fluitt, Samaritan Women, Inc., Rochester, NY</p>	Hudson 1

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EMP	132	Tapping the Legal Power of Proxies and Advance Directives Hudson 2 <i>NYS law empowers consumers to use proxies and advance directives to gain more control if and when they lose the capacity to make health care decisions. But few fully use them. Learn their special power and uses for mental health care, and how to foster them, create them and to make them work.</i> John A. Gresham and Nina Loewenstein , <i>Disability Rights New York, Brooklyn, NY</i> George Badillo , <i>PEOPLE Inc., Sound Beach, NY</i>
Admin	133	Extending the Reach of Peer Support beyond The Domains of Recovery Hudson 3 <i>This presentation will discuss two programs that utilize peer support interventions in non-mental health arenas, for adolescent girls who have been affected by scoliosis and for veterans of all eras who have experienced a range of post-service transition challenges.</i> Michael Stoltz , <i>Association for Mental Health & Wellness, Ronkonkoma, NY</i> Robin Stoltz , <i>Curvy Girls Scoliosis Foundation, Smithtown, NY</i>
PTH	134	Telling Your Story The View <i>Writing about your experiences can be healing, and a creative outlet. In this presentation you will explore the wonderful world of 50-word stories, where we will work on writing our own story and submit them for publishing to an international site.</i> Alison Carroll , <i>Putnam Family & Community Services, Carmel, NY</i>
1:00pm-2:00pm		Lunch Ballrooms A & B

Award Presentations and Keynote 2:00pm - 3:45pm

Our Stories Tell Us Why We're Here

Three of our nation's most prominent recovery leaders will draw from their powerful personal experience to reflect on what has helped and what has hurt in their process of healing and recovery.

Andre Johnson, *Detroit Recovery Center, Detroit, MI*

Gina Calhoun, *Copeland Center for Wellness and Recovery, Brattleboro, VT*

Derron Drumm, *Advocacy Unlimited, Inc., Hartford, CT.*

Workshops Round 5 4:00pm - 5:15pm

Track	Workshop #	Room
EMP	135	National Mental Health Legislation Update Manhattan Theatre <i>Congress has been considering mental health legislation that has brought much controversy and challenges for proponents of recovery, rehabilitation and rights. Come learn about proposed legislation from the two Murphys, Congressman Tim Murphy from Pennsylvania and Senator Chris Murphy from Connecticut, that challenges our entire community and field to consider answers to the tough questions of the day. Learn what you can do to take action.</i> Jennifer Mathis , <i>Bazelon Center for Mental Health Law, Washington, DC</i> Harvey Rosenthal , <i>NYAPRS, Albany, NY</i>
PP	136	Pathways to Dual Recovery Ballroom C <i>Join a discussion by three of the nations' greatest leaders in the effort to find a common mission to advance both mental health and addiction recovery.</i> Andre Johnson , <i>Detroit Recovery Project, Detroit, MI</i> Chacku Mathai , <i>NAMI STAR Center, Alexandria, VA</i> Deron Drumm , <i>Advocacy Unlimited, Inc., Hartford, CT</i>

- Admin 137 **Creating a Competent Recovery Workforce through the Principles and Practices of Psych Rehab** **Columbia**
You know that psychiatric rehabilitation practice works in supporting and promoting recovery. This presentation provides a framework for defining the principles and values while introducing the value of practitioner credentialing. The goal of the presentation is to strengthen the participants' capacity to accurately and succinctly describe the practice and principles of psychiatric rehabilitation along with the value of practitioner certification.
Amanda Saake, *The Coalition of Behavioral Health Agencies, Inc., New York, NY*
Casey Ward Goldberg, *Psychiatric Rehabilitation Association and Foundation, McLean, VA*
- PS 138 **Moving Recovery to Practice: Integrating Behavioral Health and Primary Care to Promote Wellness** **Dutchess**
Learn about the imperative for engaging people with behavioral health conditions in all aspects of health care while gaining a deeper appreciation of integrated practice approaches, including service delivery that is recovery oriented, person centered, and trauma informed.
Melody Riefer, *Advocates for Human Potential, Inc., Tucker, GA*
- MIC 139 **One Member at a Time: A New York Managed Care Company's Person-Centered Approach to Advancing Integrated Care and Population Health** **Ulster**
Working to improve access, integrated care and member satisfaction to its 17,000 new HARP members, Fidelis Care, one of the largest New York State MCOs, uses a person-centered approach. Come and hear how, from our Call Center to our Care Managers, we make successful use of the asking stance, remaining non-judgmental, and listening for change talk in ways that have helped our HARP members connect to care.
Ellen Stoller and **Jon Anderson**, *Fidelis Care, New York, NY and Latham, NY*
- SDH 140 **Perspectives from Parents with Psychiatric Labels** **The View**
A panel of parents and grandparents with psychiatric labels from New York State will share their unique parenting roles and experiences with an emphasis on how healthy families can and do look different. Panelists will share their experiences with: relationships, systems, custody issues, rights, trauma-informed approaches, and more.'
Bill Gamble and **Anne Dox**, *Mental Health Empowerment Project, Albany, NY*
Tracy Puglisi, *Association for Mental Health & Wellness, Ronkonkoma, NY*
George Badillo, *Consultant, Sound Beach, NY*
Digna Quinones, *New York State Office of Mental Health, Albany, NY*
- PS 141 **Being Successful in the Workplace as a Peer Specialist** **Hudson 1**
This presentation provides the nuts and bolts for assembling the workplace skills needed to succeed in various service settings and encourages participants to apply classroom training to simulated practice addressing topics such as conflict resolution, disclosure, peer support, and team building.
Jonathan Edwards, *Program Consultant, NYC Dept. of Health & Mental Hygiene, Long Island City, NY*
- H&W 142 **Encouraging Wellness: Empowering Consumers to Take Charge of their own Mental & Physical Health** **Hudson 2**
This workshop will focus on the ways that Venture House encourages its members to take charge of their own mental and physical recovery and wellbeing. We will describe some of the consumer-driven wellness oriented activities that Venture House promotes, including WRAP workshops, wellness walks, nutrition workshops, COD groups, meditation/ yoga, along with wellness dinners. These activities all foster a sense of self-advocacy and facilitate motivation to change. All of these activities can be implemented into any mental health recovery oriented program. Of prime importance to this workshop is the belief that hope is an essential component to any aspect of recovery.
Annamarie Ross and **Rebecca English**, *Venture House, Jamaica, NY*

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CC 143 **GLBT MH Consumers: Sexual and Gender Minority Issues** **Hudson 3**
This presentation will promote the psychoeducation of the participants to help them learn about the GLBT experience and perspective of mental health. Each presenter will offer the benefits of what they have learned through lifetimes of GLBT MB survival. It is hoped that the desire to understand and demonstrate compassion for the GLBT communities will motivate the participant to open themselves to new ideas and outlooks from their GLBT brothers and sisters.
Bert Coffman, Zappalority Society, New York, NY
Lorraine Nunez, Fountain House, New York, NY
Phillip Williams, Rainbow Heights Club, Brooklyn, NY
John Keeley, Staten Island, NY

5:30pm-6:15pm **NYAPRS Annual Meeting** **Columbia**

6:15pm-7:15pm **Barbeque** **In the Tent**
*Raffles, music "The Best of Dance" by DJ Jenkins
 Enjoy our famous outdoor barbeque! Bring a sweater, it may be chilly!*

Evening Program

7:30pm-9:00pm **Creative Action Unlimited Playback Theater** **Manhattan Theater**
Michael Kennedy, Founder
Playback is a form of improvisational theater in which audience members tell stories from their own lives and then see them performed on the spot. Come share a story and see how your own choices, struggles and triumphs connect with the lives of those around you.

8:30pm-9:30pm **Support Meetings**
Open Peer Support Meeting **Dutchess**
Dual Recovery Anonymous Meeting **Hudson 1**
LGBTQI Peer Support Meeting **Hudson 2**
Veterans Peer Support Meeting **Hudson 3**

9:15pm-11:00pm **Chess, Checkers and Dominoes Club** with Luis Lopez and Chacku Mathai **Hotel Lobby**

9:15pm-11:00pm **Open Mic** with Michael Skinner **Ballroom C**

9:30pm-Midnight **DJ & Dancing** **Empire Lounge**
Pool open until Midnight

Don't forget to by the Cultural Exhibition Center near Ronda's Arts Tables on Wednesday and Thursday to view the cultural artifacts brought by conference attendees.

The NYAPRS Board of Directors and Staff are very pleased you came to our Conference. Please be sure to fill out the overall conference evaluation and tell us about your experience. It is very helpful in planning for next year's conference.

Friday, September 16th

7:00am-8:00am	Intro to Qi-Gong	Aerobic Room
	<i>Come start your day with a taste of an ancient Chinese health care system that integrates physical postures, breathing techniques and focused intention. The gentle, rhythmic movements of Qigong reduce stress, build stamina, increase vitality, and enhance the immune system. It has also been found to improve cardiovascular, respiratory, circulatory, lymphatic and digestive functions. Qi 'gong's greatest appeal is that everyone can benefit, regardless of ability, age, belief system or life circumstances.</i>	
7:30am-8:30am	Breakfast	Ballrooms A&B
8:00am	Conference Registration	NYAPRS Registration Desk
	<i>You only have to register once for the entire conference.</i>	

Workshops Round 6 8:30am - 9:45am

Track	Workshop #	Room
SDH	144 If Everybody's Doing It, Why Isn't It (Still) Getting Done?	Manhattan Theatre
	<i>In his own inimitable style, Joe will offer his thoughts on some of the changes in employment services in our mental health system over the years, reflecting upon the many positive improvements in employment service design. At the same time, he will also discuss the obstacles that still remain in employment system, policy, funding design that are based upon agency and consumer ambivalence about employment being addressed as a core component of a mental health recovery oriented system of care.</i>	
	Joe Marrone , Institute for Community Inclusion, Portland, WA	
CC	145 Looking at Culture from Every Angle: A Round Table Discussion on Cultural Challenges in Today's Behavioral Health System	Ballroom C
	<i>Presenters will review how individuals receiving services still encounter prejudice, stigma, and discrimination in the behavioral health system.</i>	
	Luis O. Lopez , New York State Psychiatric Institute, New York, NY	
	Ruth Colón-Wagner and Larry Hochwald , NYAPRS, Albany, NY	
	Raymond M. Rodriguez , Independent Living, Inc, Newburgh, NY	
SDH	146 Employment First: A Glance at the Employment First Initiative in NYS	Columbia
	<i>New York State is now an Employment First State. This workshop will explore all that is being done to address the unemployment rate for individuals with disabilities. Come share your thoughts about what NYS can do to put Employment First!!</i>	
	John Allen and Andy Karhan , NYS Office of Mental Health, Albany, NY	
	Len Statham , NYAPRS, Albany, NY	
PTH	147 HaHa and Soul and Art of Moomba	The View
	<i>OK, so these are really challenging, uncertain, and often-stressful times. Many of us feel pressure in the work we do and in our personal lives. Some of us are anxious. So the question is: How do we live in these times with a sense of hope and joy? In this workshop, we'll have some fun, sing some songs, move around a bit, and talk together about what our purpose is and what we can do to bring more hope and joy into our lives and the work we do supporting people with disabilities and others.</i>	
	Steve Holmes , Self Advocacy Association of New York (SANYS), Schenectady, NY	

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- SDH 148 **Housing is Health: Helping Frequent Users of Hospital Systems Get Housing**..... **Ulster**
 As NY works to transform the way services are paid for and delivered under the DSRIP initiative, comprehensive solutions are needed to effectively bend the healthcare cost curve for some of Medicaid's most vulnerable and high-cost members: homeless frequent users of hospital systems.
 The Bronx Frequent User Collaborative of key stakeholders consisting of Bronx PPSs, hospitals, health plans, Health Homes, the Bronx RHIO and supportive providers are committing to better understanding how to identify and engage their frequent user population through data integration and collaboration with Bronx community based partners.
Bonnie Mohan, Bronx Health & Housing Consortium, Bronx, NY
Kristin Miller, Corporation for Supportive Housing, New York, NY
Loredana Ladogana, Affinity Health Plan, Bronx, NY
Nance Shatzkin, Bronx RHIO, Bronx, NY
- PS 149 **Imagine Dutchess!**..... **Dutchess**
 Imagine Dutchess is a partnership of providers, community organizations and businesses working together to create a web portal that will allow residents in Dutchess County, NY to access services effectively and efficiently. This workshop will discuss how the community's behavioral health and human services have integrated into a single virtual location and the evaluation of the web portal into a stabilization center.
Steve Miccio, PEOPLE, Inc., Poughkeepsie, NY
- TR 150 **Wellness in the Clubhouse: How Chelton Loft and Fountain House Bronx have integrated SAMHSA's Eight Dimensions of Wellness into the Clubhouse Setting**..... **Hudson 2**
 Clubhouses have been called the original Recovery Oriented, Person-Centered Model. Chelton Loft and Fountain House Bronx explain the process for Wellness Integrated and how their experiences may be useful in other recovery oriented settings.
Suzanne Stoute, Kevin Sullivan, and Dan Papandrea, Chelton Loft (Fedcap Rehabilitation Services) New York, New York, NY
Richard Negron and Bryant Gamble, Fountain House Bronx (Fountain House), Bronx, NY

Award Presentations and Keynote 10:00am - 11:30am

How Does New York Stack Up?

Our New York-born panelists have achieved national prominence for their ground breaking contributions to promote recovery peer support, employment, inclusion and criminal justice reform for adults, children and youth both here in the US and internationally. Learn from their own personal journeys and experiences and join them in reflecting on where New York is on the cutting edge... and where more is needed.

LaVerne Miller, Policy Research Associates, New York, NY

Chacku Mathai, NAMI-STAR CTR, Alexandria, VA

Joe Marrone, Institute for Community Inclusion, Portland, WA

Stephanie Orlando, Youth Power!, Albany, NY

Moderator: **Harvey Rosenthal**, NYAPRS, Albany, NY

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 If you need CRCC, CPRP, OASAS Credits or a Certificate of Attendance, please come to the NYAPRS registration desk for the paperwork before the program starts.  
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Workshops Round 7 11:45am - 12:45pm

- PTH 151 **Still Bathing in the Light**..... **Manhattan Theatre**
Our faith in the recovery process and consistency in efforts are two of the cornerstones on which it stands. We will review strategies to strengthen the foundation of our recovery, fortify the walls of our resilience, and crown it all in joyful relationships with self and others.
Neville Morris, *Interpersonal Communications Skills and Development (ICDS), Endicott, NY*
- PP 152 **The Torturous Triple Threat: Violence, Victimization and Drug Use**..... **Columbia**
This workshop is designed to inform mental health workers and consumers about complex issues affecting victims of intimate partner violence, including trends associated with victims' barriers to recovery and safety. Through engaging conversation and hands on activities, participants will explore how domestic violence, substance use and mental health concerns are closely intertwined.
Shannon Landy, *Community Access, Social Security Administration, New York, NY*
Lauren Stander, *Community Access, New York, NY*
- CC 153 **Engagement, Empowerment, Voice and Choice**..... **Ballroom C**
This workshop will address the effectiveness of cultural competence in the context of shared power relationships between both providers and recipients of mental health services.
Theresa Hall, *NYAPRS Board of Directors, West Babylon, NY*
Jeffrey McQueen, *Consumer Link of MHA Nassau, Hempstead, NY*
Deborah Wilcox, *Antioch University Midwest, Yellow Springs, OH*
- PTH 154 **Whole Health and Healing through Mindfulness to Calm the Body, Mind and Spirit**..... **Dutchess**
This workshop will address the effectiveness of cultural competence in the context of shared power relationships between both providers and recipients of mental health services.
Beth Mangiaracina, *Mental Health Empowerment Project, Albany, NY*
- PP 155 **The Peer Role in OnTrackNY**..... **Ulster**
In this workshop, participants will learn about the development of a peer specialist role for OnTrackNY, a team-based early intervention service for young people who have recently started to experience psychosis.
Paul Margolies and **Sascha Altman Dubrul**, *New York State Psychiatric Institute, New York, NY*
- TR 156 **Transforming Trauma into Triumph**..... **The View**
Many people who receive mental health services have experienced trauma. This presentation will be an overview defining trauma, signs and symptoms, treatment options and strategies for wellness. This powerful presentation will be delivered by people who have been touched by trauma in their lives and have successfully overcome it.
Sadine Richardson, Nancy Grimes and Dawn Batson, *Federation of Organizations, Patchogue, NY*

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*Don't forget to turn in your conference evaluations and get a raffle ticket for prizes including a Scholarship to the 2017 Conference. You must be present to win any raffles.*  
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S&H	157	Recovery is a Reality	Hudson 1
		<i>Are you doubting that there is hope for recovery and have been told that you cannot make choices? Listen from someone with major mental illness go from hopeless to hopeful and is now very involved in the community, a WRAP Facilitator, and work full time as a Certified Peer Specialist.</i>	
		Kate Hewlett , Rehabilitation Support Services/Otsego County Community Service, Oneonta, NY	
PP	158	Affinity Place: Keeping Recovery in the Community	Hudson 2
		<i>Affinity Place is a peer-run respite which offers its guests the opportunity to try something different in crisis and ultimately avoid psychiatric hospitalization. Affinity's guests can utilize the service while continuing to maintain their own schedule and their connections in the community (work, recreation, etc.)</i>	
		Kristen Muchsadt , East House - Affinity Place, Rochester, NY	
		Cynde Kinyon , Mental Health Association- Affinity Place, Rochester, NY	
12:45pm-1:00pm		Break	
1:00pm		Lunch	Ballrooms A & B
1:30pm		Closing Remarks	Ballrooms A & B
		Conference Co-Chairs:	
		Luis Lopez , New York State Psychiatric Institute, New York, NY	
		Maura Kelley , Mental Health Peer Connection, Buffalo, NY	
		Harvey Rosenthal , NYAPRS, Albany, NY	

Upcoming Events

1st Annual Rehab and Recovery Academy

“Recovery and Rehabilitation Realizing the Vision. Achieving the Value.”

November 17-18, 2016

Radisson Hotel, Albany, NY

20th Annual Legislative Day

February 28, 2017

The Egg at the Empire State Plaza, Albany, NY

13th Annual Executive Seminar

April 27-28, 2017

Albany Hilton, Albany, NY

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- › Dialectical Behavior Therapy (DBT)
- › Pro-Act
- › Trauma-Informed Approaches
- › Community Resiliency Model (CRM)
- › Motivational Interviewing
- › Spirituality
- › Supported Employment



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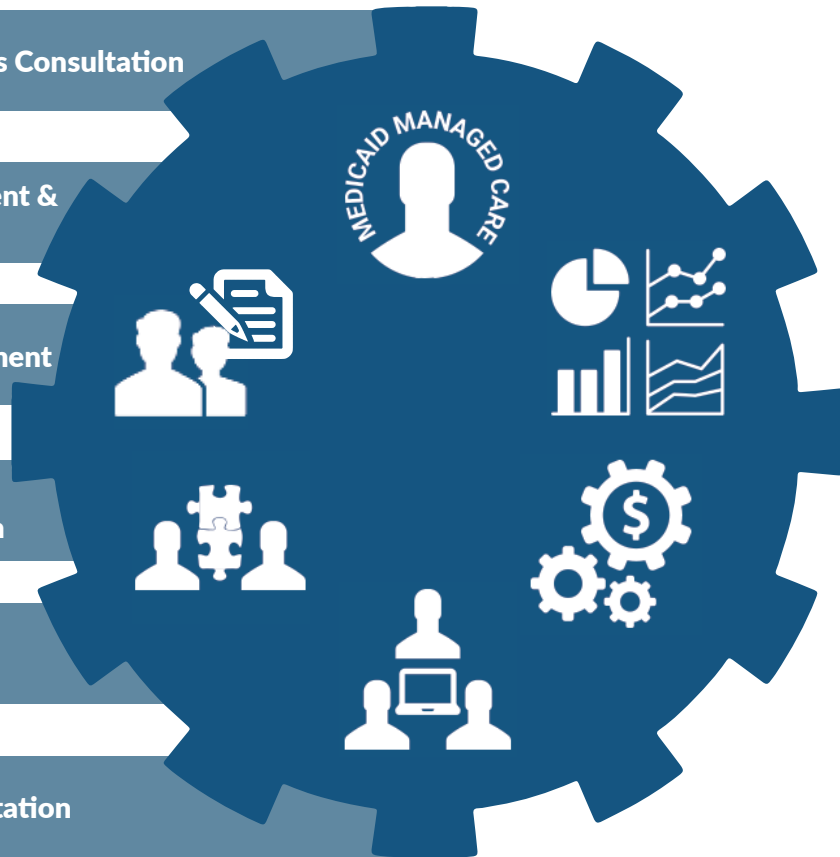
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Understand the importance of assessing service value, both the cost and the quality

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Our Mission:

We are committed to supporting collaborative Care Management services that respect participant preferences; are culturally sensitive to their needs; and are directed in a way that promotes the most positive health outcomes in mind, body and spirit.

Who we are:

Encompass Health Home is a collaboration of Catholic Charities and their partners across Upstate New York managed by Catholic Charities of Broome County. In 2017, Catholic Charities of New York will celebrate its 100th anniversary. As a Health Home we began enrolling adults in 2012 and as we continue to expand in the effort to positively impact the lives of the most vulnerable in our communities, we are committed to providing high quality, person-centered care aimed at providing opportunities and choices for enhancing health and success for those we support.

As a current Adult Health Home and emerging Health Home Serving Children, we are dedicated to growing and nurturing our network to encompass a vast range of exceptional health care, care management and community service providers aimed at providing all individuals with outstanding comprehensive care.

Coming soon:

Beginning December 1st, 2016, Encompass Health Home will begin enrolling individuals as a part of our Health Home Serving Children across 48 Counties in Upstate NY.

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The following have been recognized by the NYAPRS Board this year for their extraordinary efforts on behalf of our community:

The NYAPRS Board of Directors is pleased to present the **HOPE AND INSPIRATION AWARD** to **ROSIE MENDEZ** in heartfelt recognition of your leadership to advance the hope and dignity of New Yorkers with psychiatric disabilities.

The NYAPRS Board of Directors is pleased to present the **FRANCES OLIVERO ADVOCACY AWARD** to **JENNIFER MATHIS** in heartfelt recognition of your outstanding advocacy on behalf of people with psychiatric disabilities.

The NYAPRS Board of Directors is pleased to present the **LIFETIME ACHIEVEMENT AWARD** to **AMY KOHN** in heartfelt recognition of your exemplary contributions to advance the recovery, rehabilitation and rights of New Yorkers with psychiatric disabilities.

The NYAPRS Board of Directors is pleased to present the **LIFETIME ACHIEVEMENT AWARD** to **RAY SCHWARTZ** in heartfelt recognition of your exemplary contributions to advance the recovery, rehabilitation and rights of New Yorkers with psychiatric disabilities.

The NYAPRS Board of Directors is pleased to present the **QUINCY BOYKIN MEMORIAL AWARD** to **CHACKU MATHAI** in heartfelt recognition of your inspiring achievements to promote the empowerment, integration and full inclusion of people with psychiatric disabilities.

The NYAPRS Board of Directors is pleased to present the **JASON BRODY FAITH & FELLOWSHIP AWARD** to **MARC GREENBERG** in heartfelt recognition of the extraordinary kindness, caring and devotion you have shared with our mental health community.

The NYAPRS Board of Directors is pleased to present the **MURIEL SHEPHARD PARTNERS WITH FAMILIES AWARD** to **LEAH GITTER** with great appreciation for your advancement of the alliance of individuals and families in promoting the recovery and rights of people with psychiatric disabilities.

The NYAPRS Board of Directors is pleased to present the **MURIEL SHEPHARD PARTNERS WITH FAMILIES AWARD** to **MYRA HUTCHINSON** with great appreciation for your advancement of the alliance of individuals and families in promoting the recovery and rights of people with psychiatric disabilities.

The NYAPRS Board of Directors is pleased to present the **PUBLIC POLICY LEADERSHIP AWARD** to **SENATOR ROBERT ORT** in heartfelt recognition of your outstanding policy leadership on behalf of New Yorkers with psychiatric disabilities.

The NYAPRS Board of Directors is pleased to present the **PUBLIC POLICY LEADERSHIP AWARD** to **ASSEMBLYWOMAN AILEEN GUNTHER** in heartfelt recognition of your outstanding policy leadership on behalf of New Yorkers with psychiatric disabilities.

The NYAPRS Board of Directors is pleased to present the **MARTY SMITH MEMORIAL AWARD** to **WESTERN NEW YORK INDEPENDENT LIVING** in recognition of your groundbreaking advancement of best practices in service to New Yorkers with psychiatric disabilities.

The NYAPRS Board of Directors is pleased to present the **BRENDAN NUGENT LEADERSHIP AWARD** to **DAVID BAYNE** in heartfelt recognition of your inspiring achievements to promote the empowerment of New Yorkers with psychiatric disabilities.

The NYAPRS Board of Directors is pleased to present the **PRESIDENTS' AWARD** to **CINDY PETERSON-DANA** in heartfelt recognition of your devoted efforts to promote health and healing to help transform the lives of people with psychiatric disabilities.

The NYAPRS Board of Directors is pleased to present the **PUBLIC EDUCATION AWARD** to **LIZ BENJAMIN** in heartfelt recognition of your efforts to highlight the public policy concerns of New Yorkers with psychiatric disabilities.

Health, Healing & Arts Fair

Ronda's Art Tables – Ronda Jeffer

Chair Massage – Phil Schulman

**Early Morning Qi-Gong & Tai-Chi
– Bryon Abrams**

**Early Morning Yoga
– Dagny Alexander**

For the below sessions, sign in sheets will be
at the NYAPRS Registration Desk

Shiatsu – Dagny Alexander

Acupuncture – Sue Batkin

Reiki – Christine Krause

NYAPRS Staff

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Tanya Stevens, Deputy Director

Ismat Alam, CFO

Casey Ciceron, Office Manager

Teckea Akins, Accountant

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Julie LaFrano, Administrative Assistant

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Peer Bridgers:

Optum and Healthfirst Medicaid Managed Care

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Daniella Labate, Director of Managed Care Readiness Initiatives

Colleen Sheehan, Hudson Valley Region Training and Technical Assistance Facilitator

Mike Dorr, WNY-CNY Region Training and Technical Assistance Facilitator

Larry Hochwald, NYC-LI Training and Technical Assistance Facilitator

CONSULTANTS

Jackie Negri, Negri Management Resources, LLC

Dick Jaros, PROS and Clinic Initiatives

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Rehabilitation Support Services, Inc.
Restoration Society, Inc.
Services for the UnderServed, Inc.
Sky Light Center
Spectrum Human Services
St. Joseph's Hospital Mental Health Services
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The Neighborhood Center
The Resource Center
Transitional Services For New York
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Venture House, Inc.
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Coordinated Care Services, Inc.
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Recovery. Resiliency. Wellness.

Community Care, a nonprofit behavioral health managed care company, proudly supports the New York Association of Psychiatric Rehabilitation Services.

