

Center *for*
Rehabilitation
Education
Advocacy
Treatment *and*
Employment



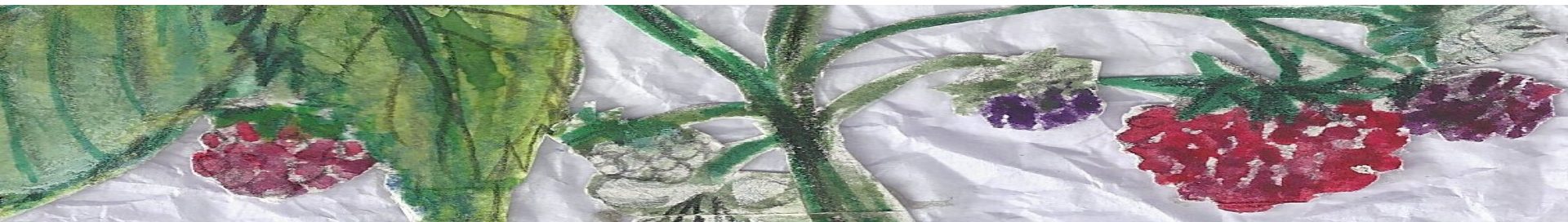
THE ELEMENTS OF AN INTEGRATED RECOVERY- ORIENTED MENTAL HEALTH SYSTEM*

Boston University, Center for Psychiatric Rehabilitation



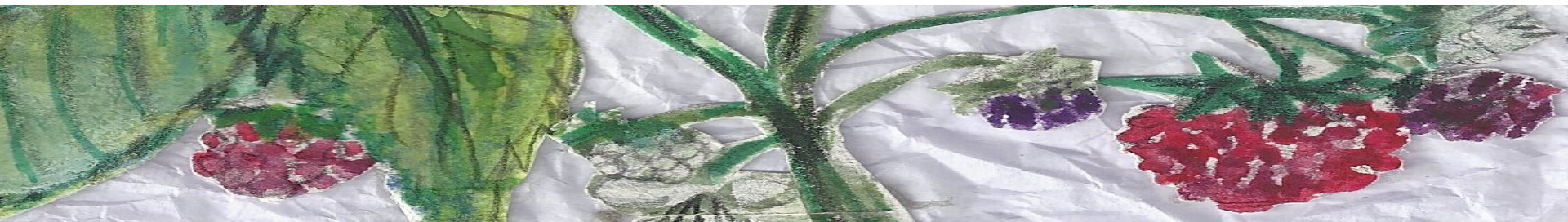
TREATMENT

Goals: To reduce symptoms and to explore and understand feelings, thoughts, values, goals and roles that enhance recovery. *The focus is on alleviating symptoms.*



REHABILITATION

Goals: To assist people to be successful and satisfied in chosen roles and environments. *The focus is on increasing functioning.*



CRISIS INTERVENTION

Goal: To deal with dangerous situations that interfere with recovery. *The focus is on mitigating barriers to recovery that threaten the individual's life or functioning in a dangerous way and to help individuals survive and get through a dangerous experience in their life.*



CASE MANAGEMENT

Goal: To access services that facilitate recovery. *The focus is on helping individuals identify, access and use the resources they need for their recovery process.*



SELF HELP; PEER SUPPORT

Goal: To promote and support one's own recovery . *The focus is on mutual aid by peers.*



ADVOCACY

Goal: To advocate for improved services and to eliminate barriers that inhibit recovery. *The focus is on eliminating barriers and providing equal opportunities.*



BASIC SUPPORT

Goal: To meet survival needs basic to recovery. *The focus of basic support is providing the food, clothing and housing necessary for recovery.*



ENRICHMENT

Goal: To enhance quality of life. *The focus is on promoting creative and enjoyable opportunities for individuals. Enrichment promotes individuals' interests, abilities and capacities.*



INTEGRATING
BEHAVIORAL HEALTH
AND PHYSICAL
HEALTH IN PROS



- TEAM/ENVIRONMENT
- ADMISSIONS PROCESS
- ASSESSMENTS
- INDIVIDUAL RECOVERY PLANNING
- ON GOING REVIEWS
- DISCHARGE PLANNING



THE ROLE OF THE RN IN PROS



- CHARACTERISTICS OF A PROS RN

- RESPONSIBILITIES OF A PROS RN



OUTCOMES OF AN
INTEGRATED PHYSICAL
HEALTH/BEHAVIORAL
HEALTH CARE PROS

