



**Office of
Mental Health**

Personalized Recovery Oriented Services (PROS)

**A Response to Improve Quality, Accountability and Outcomes
for NYS Adult Mental Health System**

PROS IMPLEMENTATION ACADEMY

November 19, 2015

New Freedom Commission on Mental Health Report to the President

(July 2003)

- **The Mental Health System is fragmented**
- **Not recovery oriented**
- **Scientific advances in treatment not available in general practice** *(Surgeon General's Report on Mental Health 1999)*

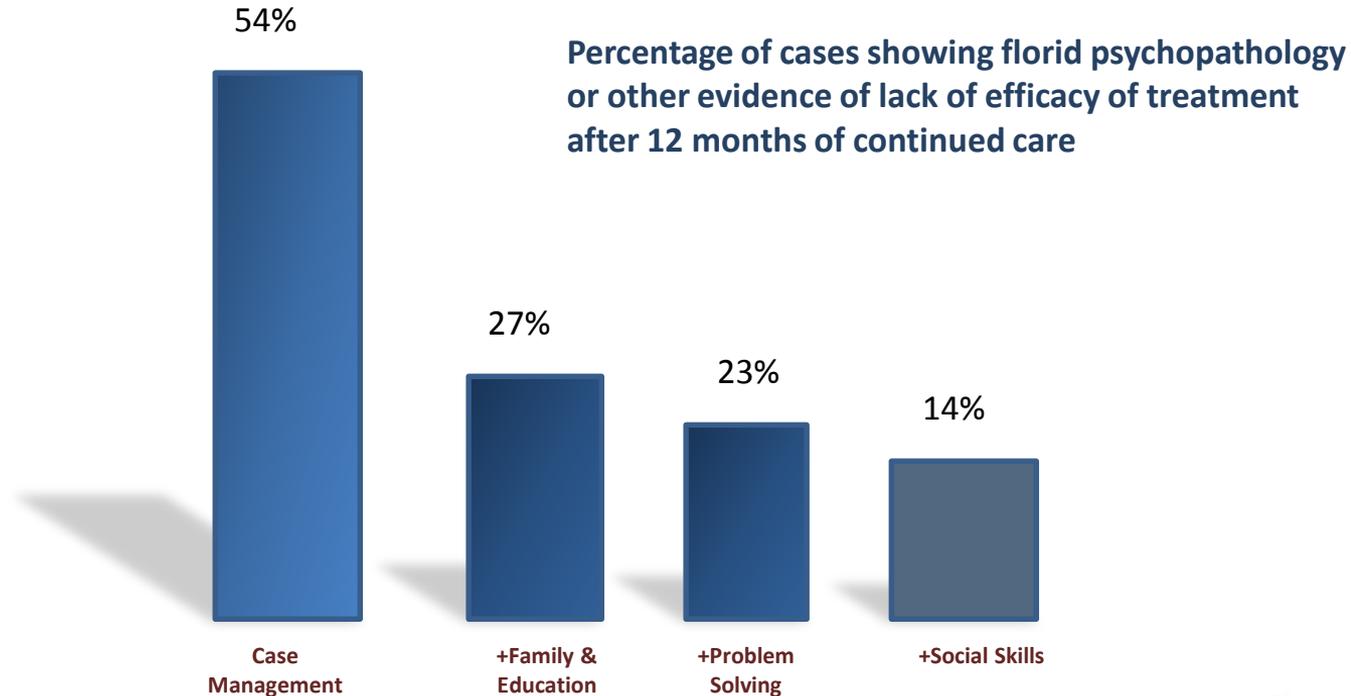


New Freedom Commission Recommendations:

- **Individualized plans of care for managing mental illness,**
- **...developed in full partnership with consumers and families.**
- **Plans of care will include treatment and supports and other services...**
- **that will help people integrate into the community and improve their quality of life.**



Adding Strategies To Medication & Case Management



Source: Falloon, IRH, Held, T, Coverdale, JH, Roncone, R, Laidlaw, TM. (1999) Psychosocial Interventions for Schizophrenia: A Review of long term benefits of international studies. *Psychiatric Rehabilitation Skills*, 3, 268-2



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PROS...What is it?

- **PROS is a comprehensive, recovery-oriented program for individuals with severe and persistent mental health conditions.**
- **PROS integrates treatment, support and rehabilitation in a manner that facilitates the individual's recovery.**



How does PROS affect recipients?

- **Improved Functioning**
- **Increased Employment**
- **Higher Levels of Education**
- **Assistance in Obtaining Preferred Housing**
- **Reduced Inpatient Utilization**
- **Reduced Emergency Services Utilization**
- **Reduced Contact with Criminal Justice**



PROS Provides a Platform for Integrated Care

- **Integrated mental health treatment, rehabilitation, and support**
- **Team approach**
- **Clinical Component: Potential for health billing codes**
- **IR- Intensive specialty care:**
 - ✓ **Relapse prevention, critical time intervention**
 - ✓ **Evidenced-based practices**



PROS COMBINED

- CDT
- IPRT
- EMPLOYMENT PROGRAMS
- CLUBS



PROS: Services Combined Under One License

- **Basic Rehabilitation Services (CRS)**
- **Time Limited, goal focused Intensive Rehabilitation (IR)**
- **Vocational Supports (ORS)**
- **Optional Clinical Services**
- **All coordinated in an Individual Recovery Plan (IRP)**





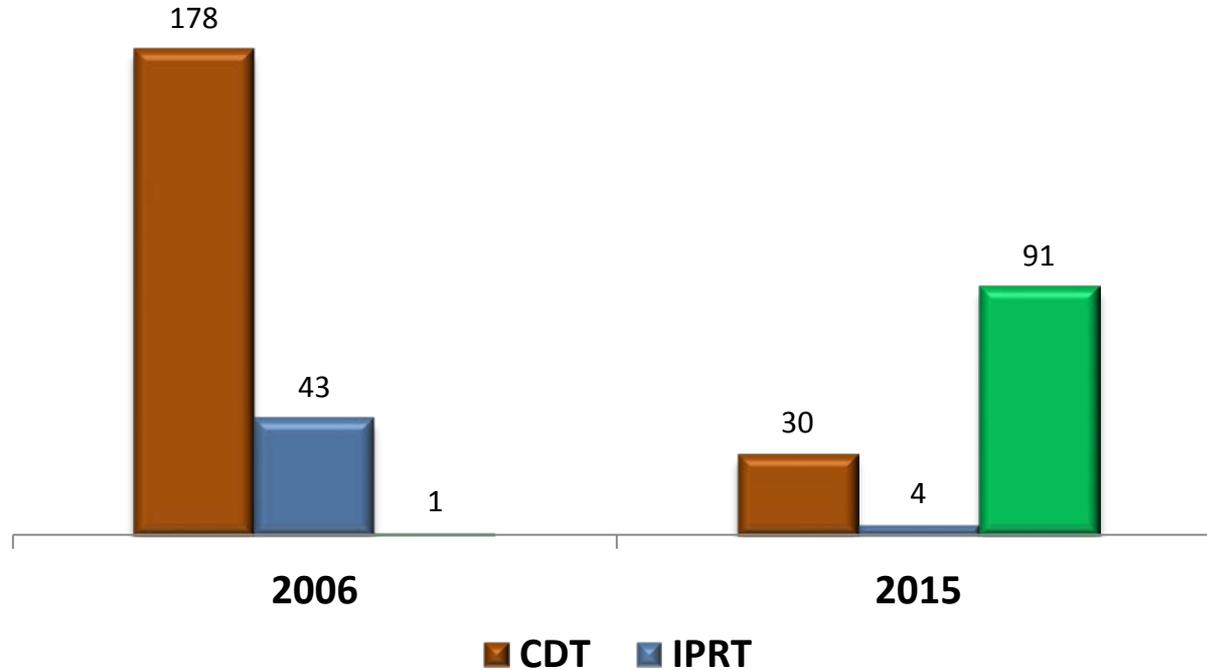
PROS Performance Measures

Growth of PROS in New York State

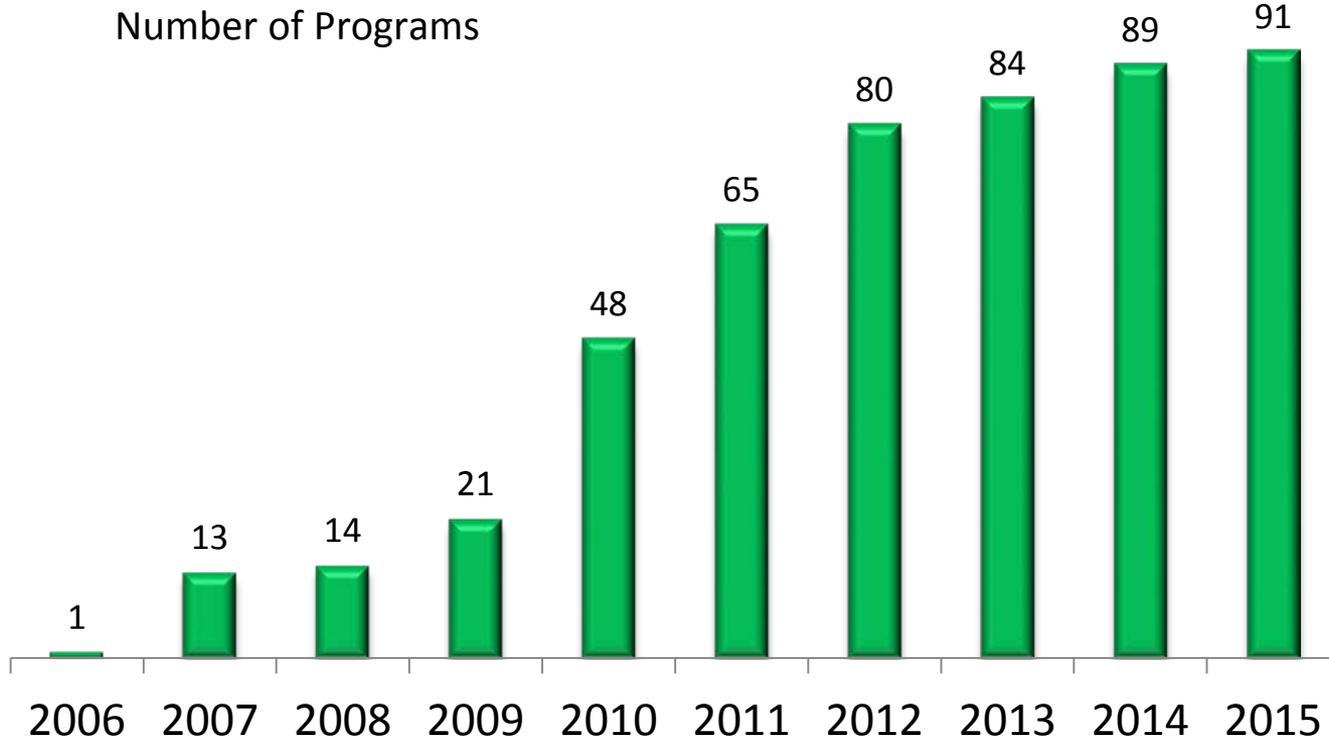


Configuration of Community-Based Rehabilitation Support Services: 2006 and 2015

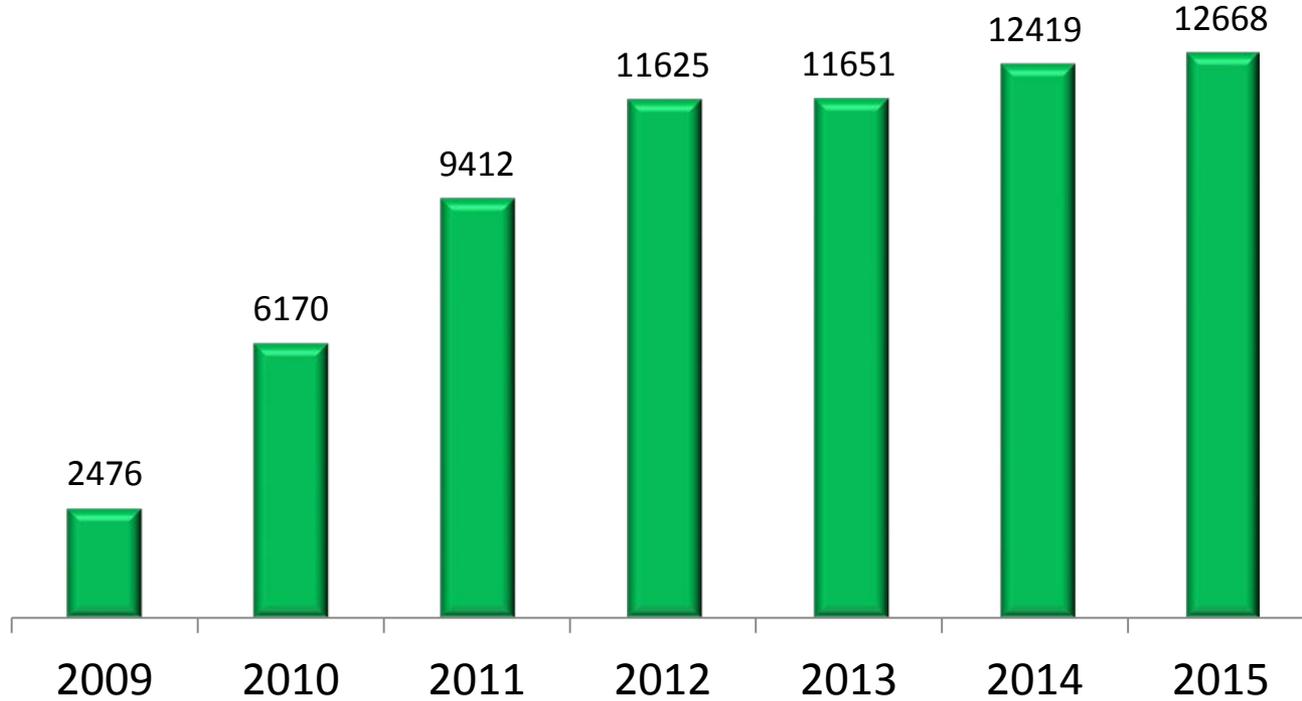
Number of Programs



Growth of PROS: 2006-2015



PROS 2009-2015: Number of Individuals Served*

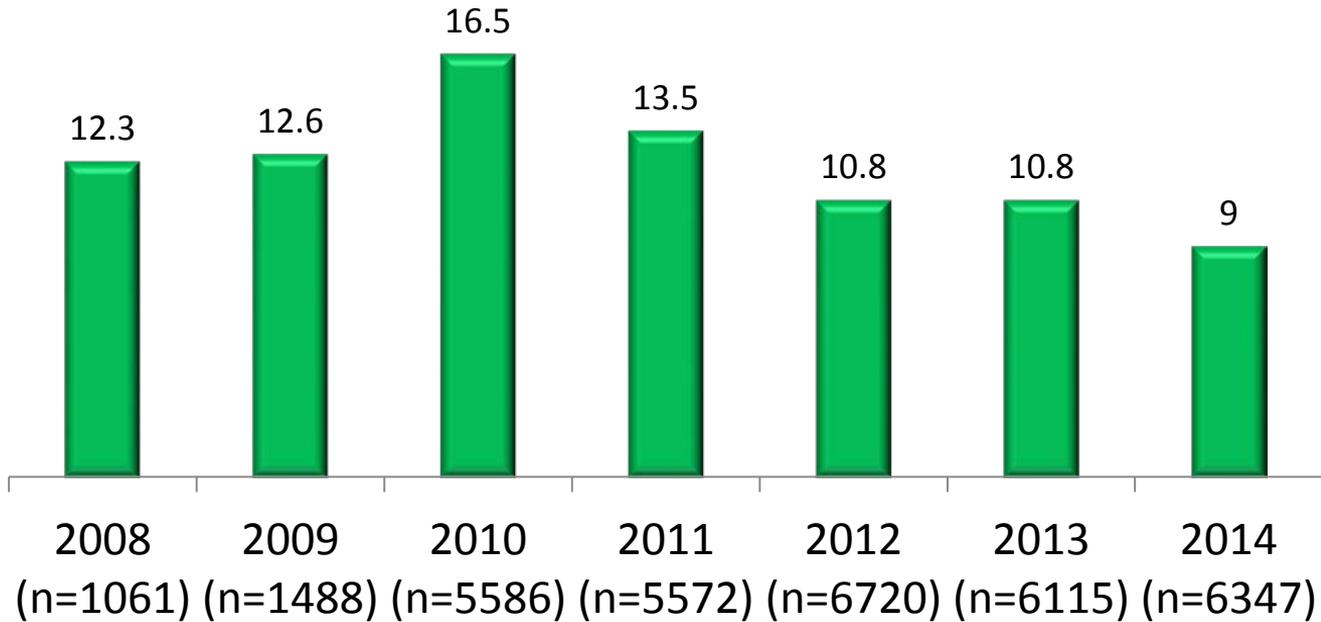


* Each year is 10/1 – 9/30

Source: CAIRS



PROS 2008-2014: Median Length of Stay in PROS* (in Months)



* By Admission Cohorts

Source: CAIRS

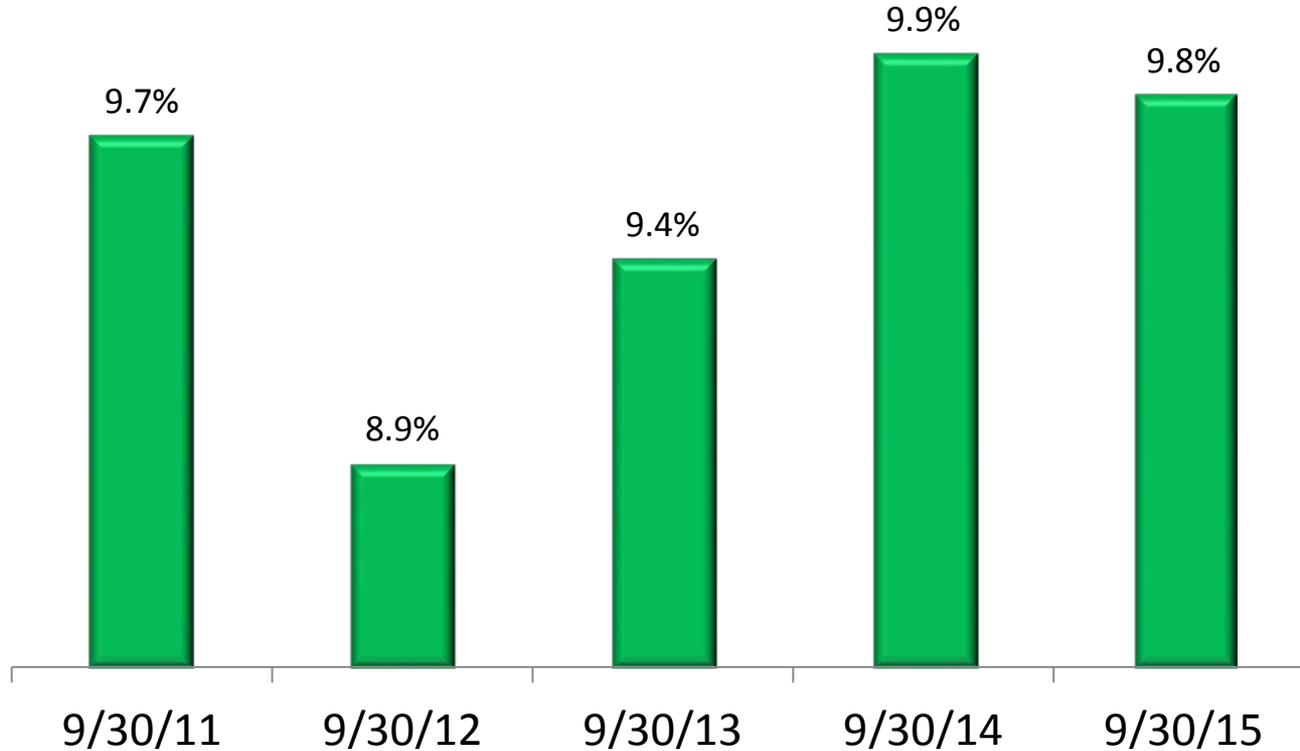


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Rates of Competitive Employment



PROS 2011-2015: Percent of Individuals Enrolled in PROS Who Are Competitively Employed*



* Percent of census on each reference date

