



**Office of
Mental Health**

2015 PROS Academy

**PROS AND HCBS IN A WORLD OF
MANAGED CARE
HEALTH HOMES
PERFORMING PROVIDER SYSTEMS
VALUE BASED PAYMENT**

November 20, 2015

PSYCHIATRIC REHABILITATION

PARITY

- **Rehabilitation and Recovery Outcomes**
- **Functional Improvement**
- **Skill Development**
- **Wellness Management**
- **Housing**
- **Employment**
- **Education**



PSYCHIATRIC REHABILITATION

Market Your Outcomes and Services To

- **Managed Care Plans**
- **Health Home Care Managers**
- **Integrated Networks**
-PPS, ACO, IPA



Psychiatric Hospitalization Status and Emergency Room Use



PROS Rates of Psychiatric Hospitalization: Prior to and During PROS*

| | Total Enrolled with a Follow-Up | Percent of Individuals with at least one Psychiatric Hospitalization in 6 months Prior to PROS enrollment** | Percent of individuals with at least one Psychiatric Hospitalization in 6 months prior to most recent Follow-up** | Percent Decrease |
|------------------|---------------------------------|---|---|------------------|
| 9/30/2011 | 3329 | 17.7% | 7.5% | 57.6% |
| 9/30/2012 | 4526 | 21.2% | 7.5% | 64.6% |
| 9/30/2013 | 6657 | 25.6% | 9.0% | 64.8% |
| 9/30/2014 | 6756 | 27.0% | 8.8% | 67.4% |
| 9/30/2015 | 6864 | 28.5% | 8.4% | 70.5% |

*Sample includes all individuals enrolled on the reference date with at least one follow-up in CAIRS.

** Number hospitalized divided by the number of individuals with a valid hospitalization value (denominator excludes those with missing/unknown hospitalization status).



PROS Rates of Psychiatric Hospitalization: Prior to and During PROS*

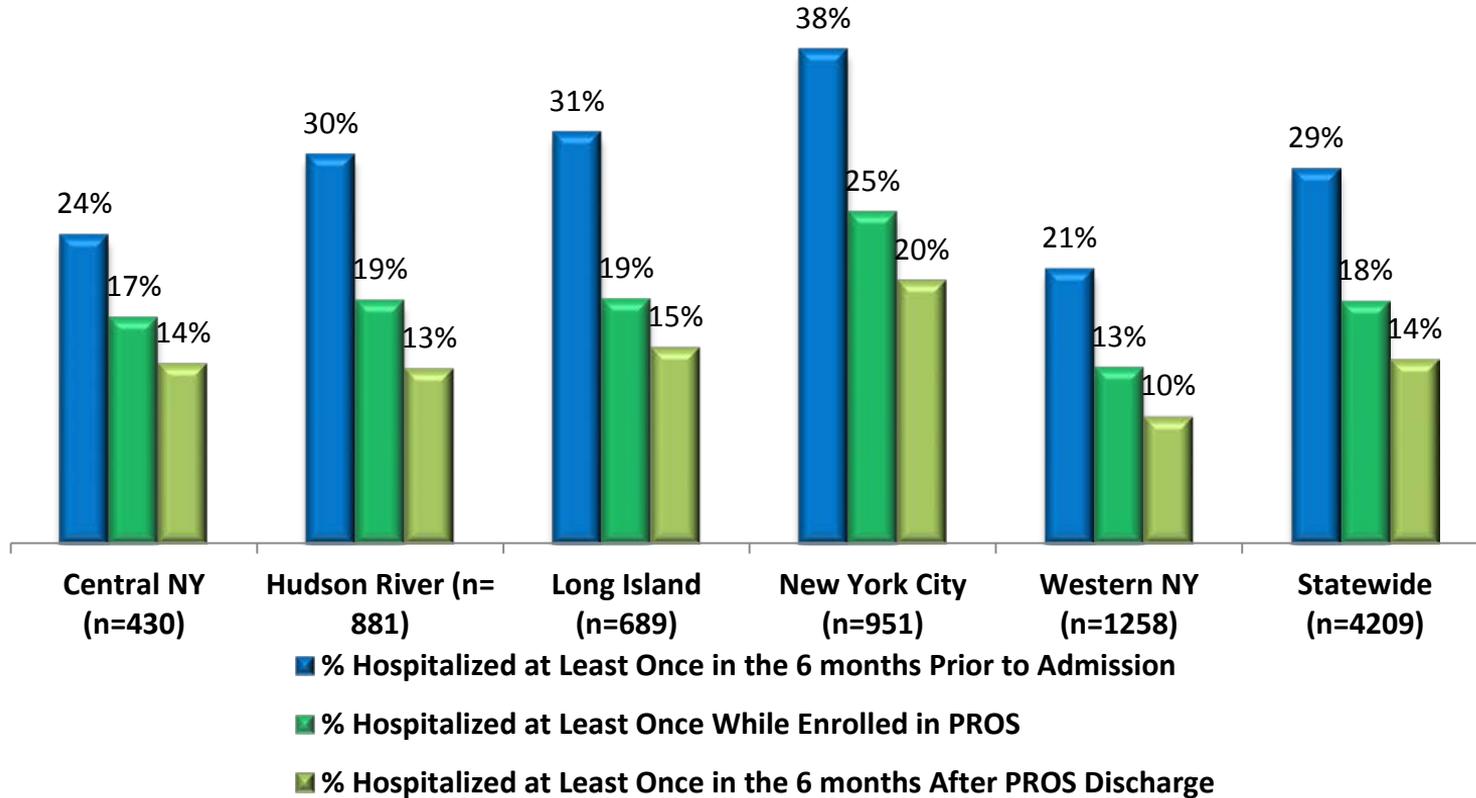
| | Total Enrolled with a Follow-Up | Percent of Individuals with at least one Psychiatric Emergency Room visit in 6 months prior to PROS enrollment** | Percent of individuals with at least one Psychiatric Emergency Room visit in 6 months prior to most recent Follow-up** | Percent Decrease |
|------------------|---------------------------------|--|--|------------------|
| 9/30/2011 | 3329 | 16.60% | 7.80% | 53.0% |
| 9/30/2012 | 4526 | 18.10% | 7.40% | 59.1% |
| 9/30/2013 | 6657 | 22.10% | 9.40% | 57.5% |
| 9/30/2014 | 6756 | 22.80% | 9.10% | 60.1% |
| 9/30/2015 | 6864 | 24.30% | 8.60% | 64.6% |

*Sample includes all individuals enrolled on the reference date with at least one follow-up in CAIRS. .

**Number with Emergency Room use divided by the number of individuals with a valid ER value (denominator excludes those with missing/unknown ER status).



PROS Rates of Psychiatric Hospitalization: Pre, During and Post PROS*

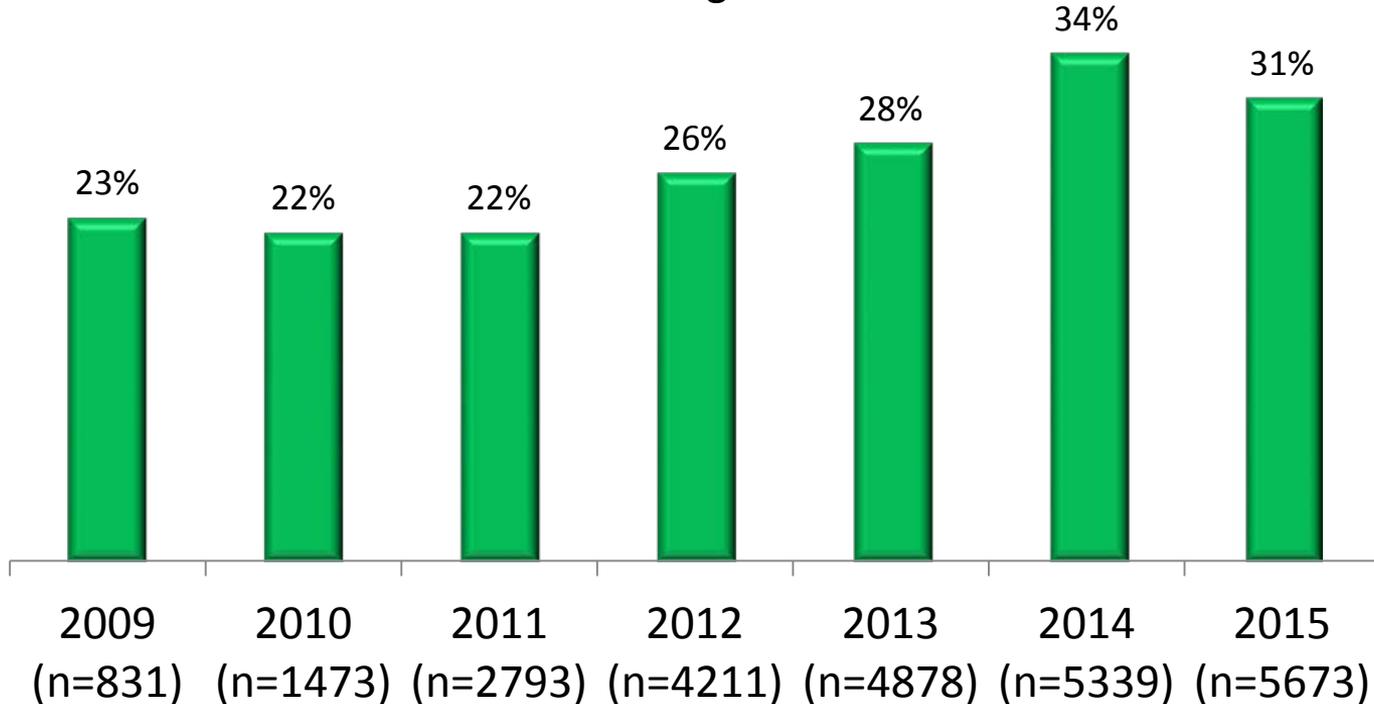


*Sample includes all who were admitted to PROS on or after January 1, 2008, discharged between 1/1/2014 and 12/31/2014, and eligible for Medicaid. Sample excludes those with the discharge reason Deceased or Switching to a different PROS. All hospitalization data are from Medicaid and MHARS.



Discharge Status

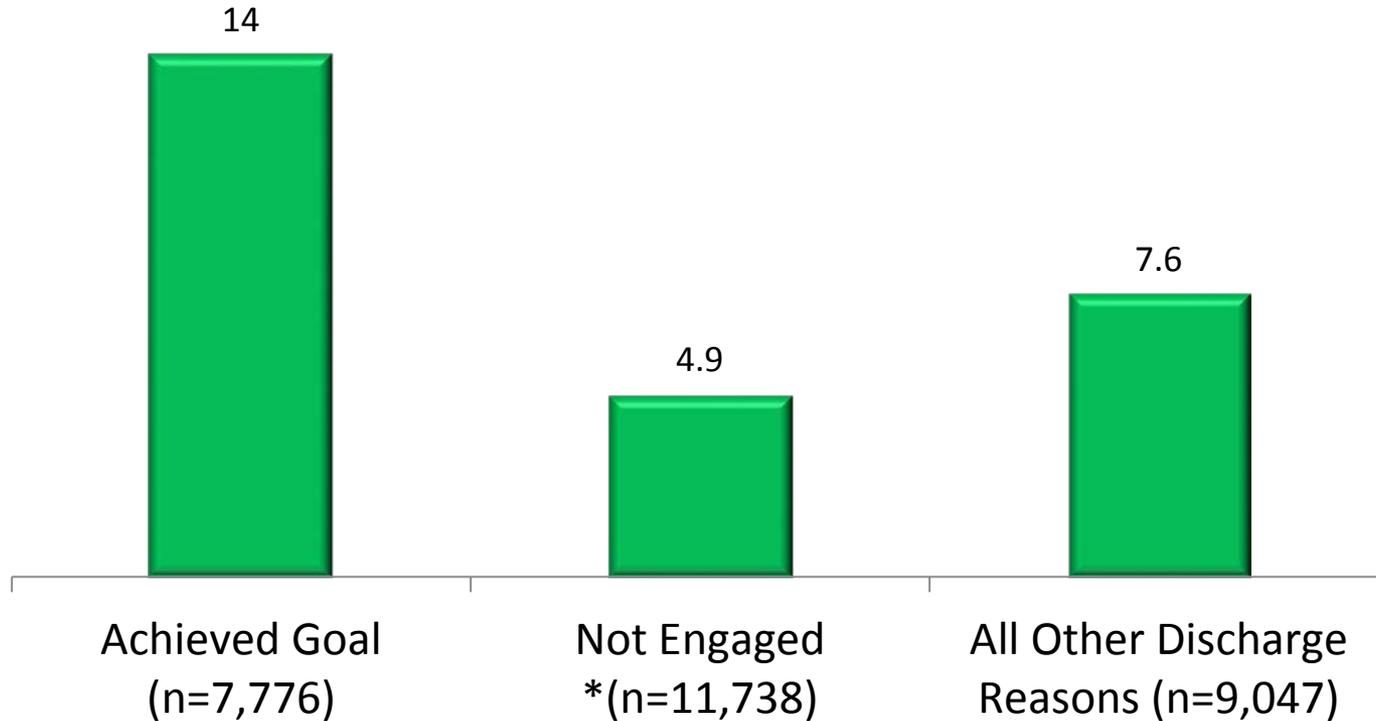
PROS 2009-2015: Percent of Discharged Individuals who Achieved Goals*



* Each year is 10/1 – 9/30



Length of Stay in PROS by Discharge Status* (in Months)



* Sample includes all discharges as of 9/30/15



PSYCHIATRIC REHABILITATION

PREPARE

- Quality
- Track Outcomes
- Frequently Evaluate Progress Towards Goals
- Develop the Skills of Your Staff
 - ✓ Person centered
 - ✓ Customer Service
 - ✓ Engagement/Motivation
 - ✓ Psychiatric Rehabilitation
 - ✓ Supports

