



NYAPRS 33rd Annual Conference
Recovery at the Crossroad: The Choices and Changes Ahead

Managing Care: Innovations for Behavioral Health and Substance Use Services

Tom Lane, CRPS
Senior Director, Consumer and Recovery Services
Magellan Healthcare



Recovery at the Crossroad: The Choices and Changes

...underscoring both the unprecedented opportunities and challenges we face in ensuring that our core values of hope, choice, recovery, rights and community inclusion are infused within all of the fast moving new initiatives that are before us



At Magellan, we have a unique vision of better and more affordable care for individuals that have the greatest health care needs. Our complete-person perspective helps us deliver better outcomes and brighter futures.



Support and Promote Well-being

Being Wellness-Informed

- **More** than recovery and resiliency
- **More** than behavioral and primary health
- **Dimensions of Wellness:** Framework for a truly holistic approach
- **IMPROVING**, not just *managing*, personal health outcomes
- Community inclusion and participation
- Health and Wellness promotion



Concepts of Wellness-Informed Peer Support



Wellness Supports reflect personal goals, choices, self-determination, and connections to communities

Wellness Supports are based on informed decision-making

Peer Supporters can be trained, equipped, and receive ongoing education in order to be wellness-informed

Wellness Supports will vary across the life spectrum

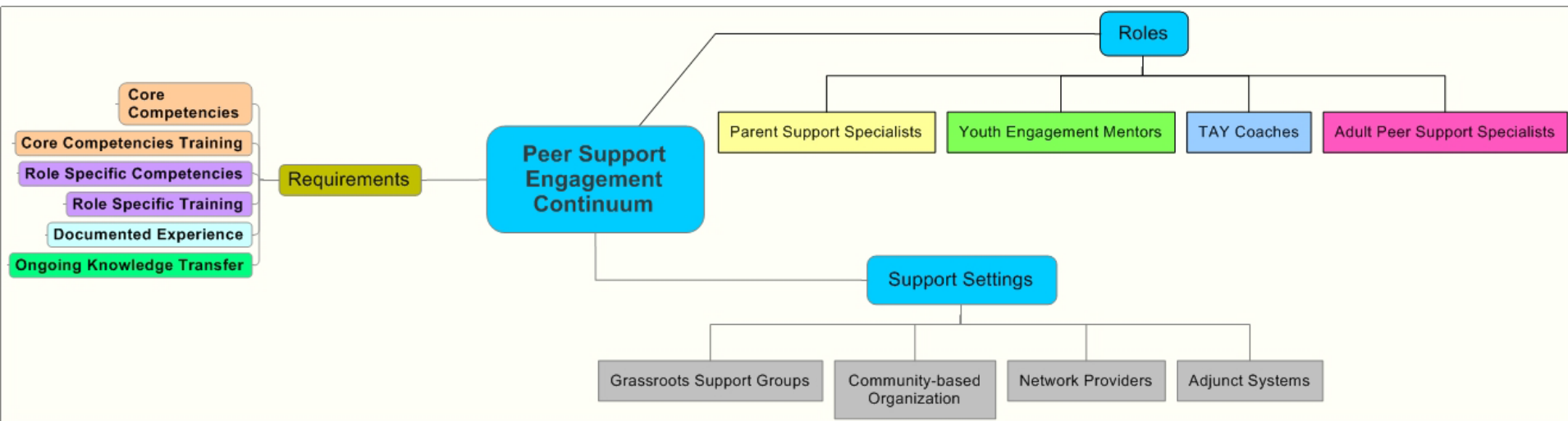
Peer Support and Life Experiences

We have different needs at different times in our lives

We have different experiences and perspectives

Peer Support means different things to different people

Peer Support can happen anywhere



Looking Ahead



- Personalized Peer Support
- Digital Engagement
 - New skills and training
 - Online communities
 - Social media
- Enhanced inclusion of peer support (broadly defined)
 - Better access, better reach
 - Workplaces, schools, communities
 - Excitement beyond acceptance
- Improved impact on social determinants of health
- Measures that matter
 - Use of validated tools
 - Quality of Life, Satisfaction
 - Outcomes, not inputs

Digital Resources: Information and More

[Welcome](#)[Newsletter](#)[Health Education](#)[Continuing Education](#)[Learning Opportunities](#)[Resources](#)

E-Learning Center

Welcome

WELCOME

Magellan's E-Learning Center offers a variety of current information and educational resources in partnership with national behavioral health experts. We also offer shared professional learning opportunities free of charge to fit your pace. Click the links anywhere on this page to learn more.

What will you find in our E-Learning Center?

Peer Support Whole Health and Wellness newsletters

These quarterly newsletters offer articles, education and resources designed to help promote wellness and improved personal health outcomes.

Health education/literacy materials

These materials are literacy-level adjusted and address a range of topics selected to help promote increased knowledge of various health conditions.

Continuing education

Continuing education hours/CE credits are offered for the online courses listed in this section on a variety of subjects, including peer support. Courses are free of charge and available on-demand for learning at your convenience.

Learning opportunities

Online courses are available on various topics such as recovery and resiliency, public health and the Affordable Care Act. Courses

Resources

Access a range of web-based organizations and resource centers. A short description of each featured web resource is included with

100%



Contact Information

TLane@Magellanhealth.com

Technical Assistance, Training, Presentations

Visit our e-Learning Center at www.magellanhealth.com/training

- eMpowered for Wellness e-news
- eMpowered for Learning webinars/micronars (live, on demand)
- Health Education/Literacy resources
- No cost e-courses
- Links to other resources

