

# Why Psychiatric Rehabilitation? Being the Best You Can

NYAPRS 13<sup>th</sup> Annual  
Rehabilitation & Recovery Academy

Presenters:

*David Bucciferro, Godfather of PROS, OMH Retired*  
*Paula Fries, COO, Association for Mental Health and Wellness*

# What is Psychiatric Rehabilitation?

- The Power and Promise of Psychiatric Rehabilitation
  - It's recovery oriented, embracing aspirational vision
  - It's Person-Centered, focused on roles & environments
  - The Inspiration of Pat Deegan & Mary Ellen Copeland



# Why Psychiatric Rehabilitation?

- The Foundations of Psychiatric Rehabilitation
  - For Program Development – any program or setting will do
  - For People Development – Staff & Participants
- The Principles of Psychiatric Rehabilitation
  - Empower the practitioner - the tools & technology of PR assist YOU in becoming a better practitioner



# Being the Best You Can



- Telling Our Story
- Embracing the vision of PR
- Becoming a Champion
  - Bringing the practice of PR into all aspects of organizational and leadership development

# Being the Best You Can

- Carrying it Forward
  - We want YOU, to become a PR Champion!
  - NY Psychiatric Rehabilitation Training Academy
- Questions?



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