

Mental Health PEER Connection

Programs and Services



Mental Health Peer Connection

3108 Main Street

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<http://www.wnyil.org>

Mental Health PEER Connection (MHPC)

MHPC is a member of the WNY Independent Living Inc. Family of Agencies.

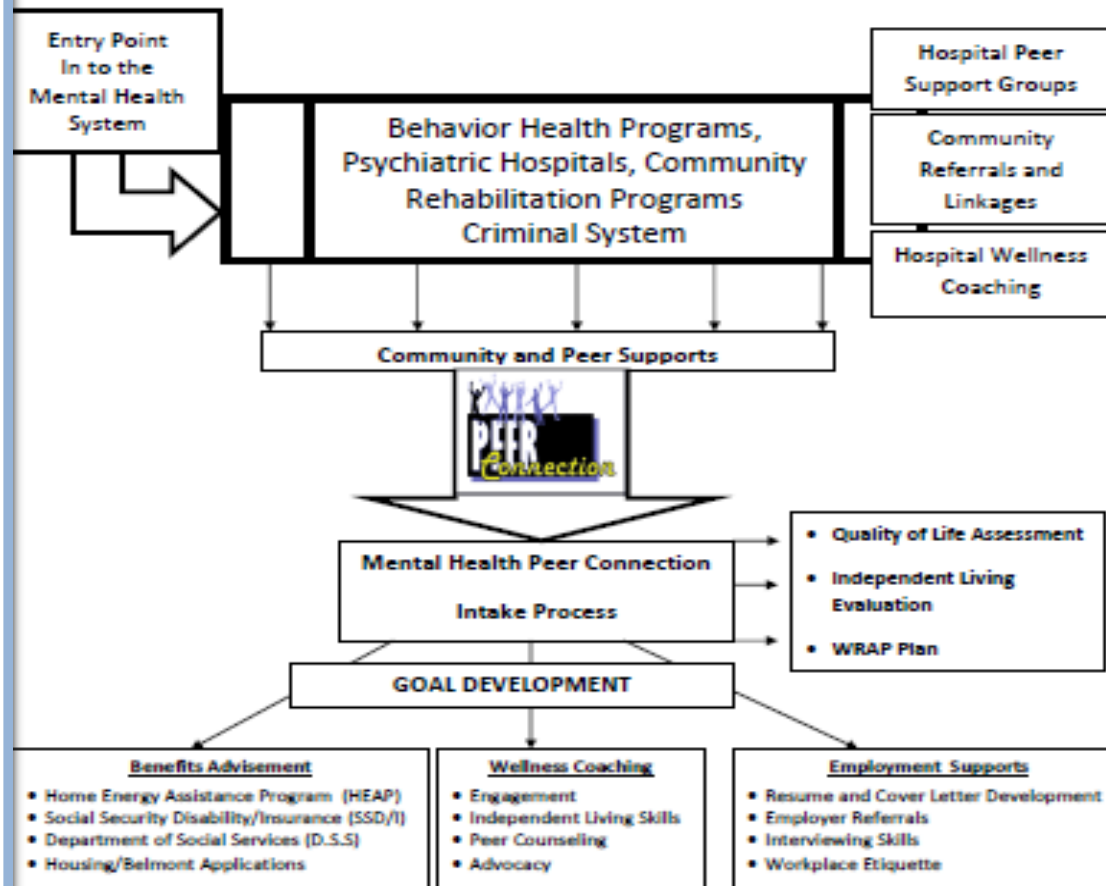
MHPC is an agency that only employs people who have been diagnosed with mental illness and/or substance abuse in an effort to help others with the same difficulties live as independently as possible in the community at large.



Mental Health Peer Connection

Offers Community Support for

Individuals with Behavior Health Diagnosis



Independence

Assessment Tools Used

Independent Living Self Assessment

This tool measures functional capacities.

Created by Vidyalaskshmi Sundar, PhD.

Quality of Life Assessment Tool

Shorter self-assessment providing quick look on consumer needs. Initial then at 90 days or when goal is met.

Created by NYS Care Coordination, Inc.

Wellness Recovery Action Plan,

by Mary Ellen Copeland,

Primarily used as a relapse prevention tool.

Employment Measured by:

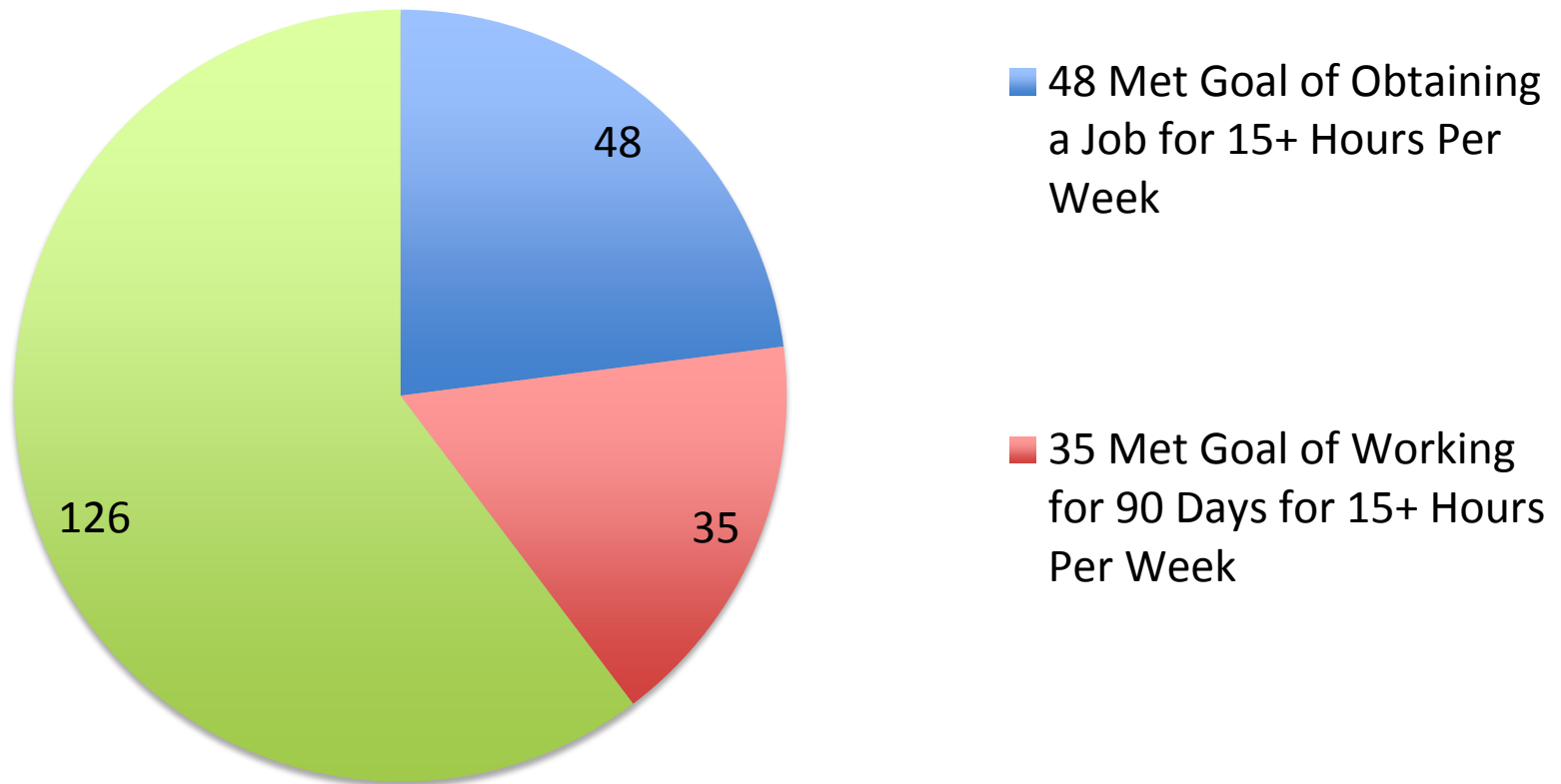
- Pay stubs.
- Transportation being provided via bus pass for three months.
- Continued support from MHPC Peers.
- Self reporting.

Patricia Deegan PhD.

- “Boredom has to be the most stressful time in one’s life”

“Not Without Us” Documentary 2012

In 2013, 209 SMI Individuals Set Goals For Employment



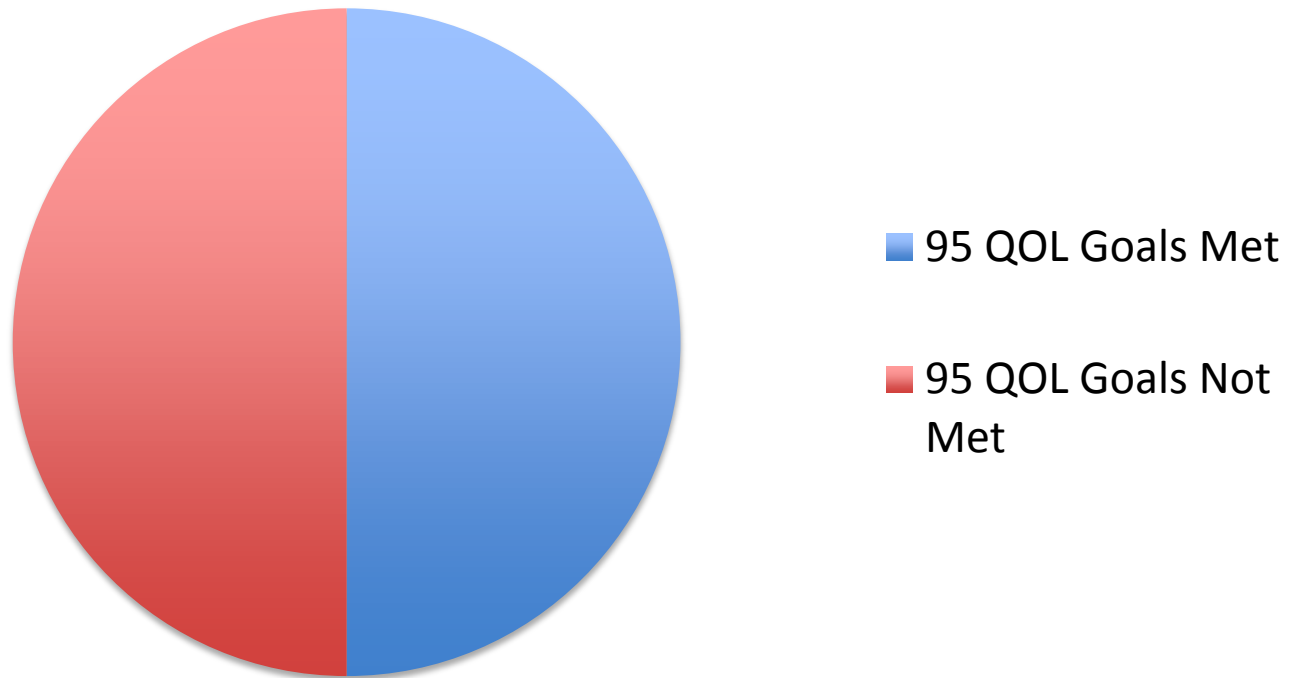
Improved Quality of Life-

Self assessment in measuring:

- Mental Health
- Physical Health
- Financial Status
- Housing Situation

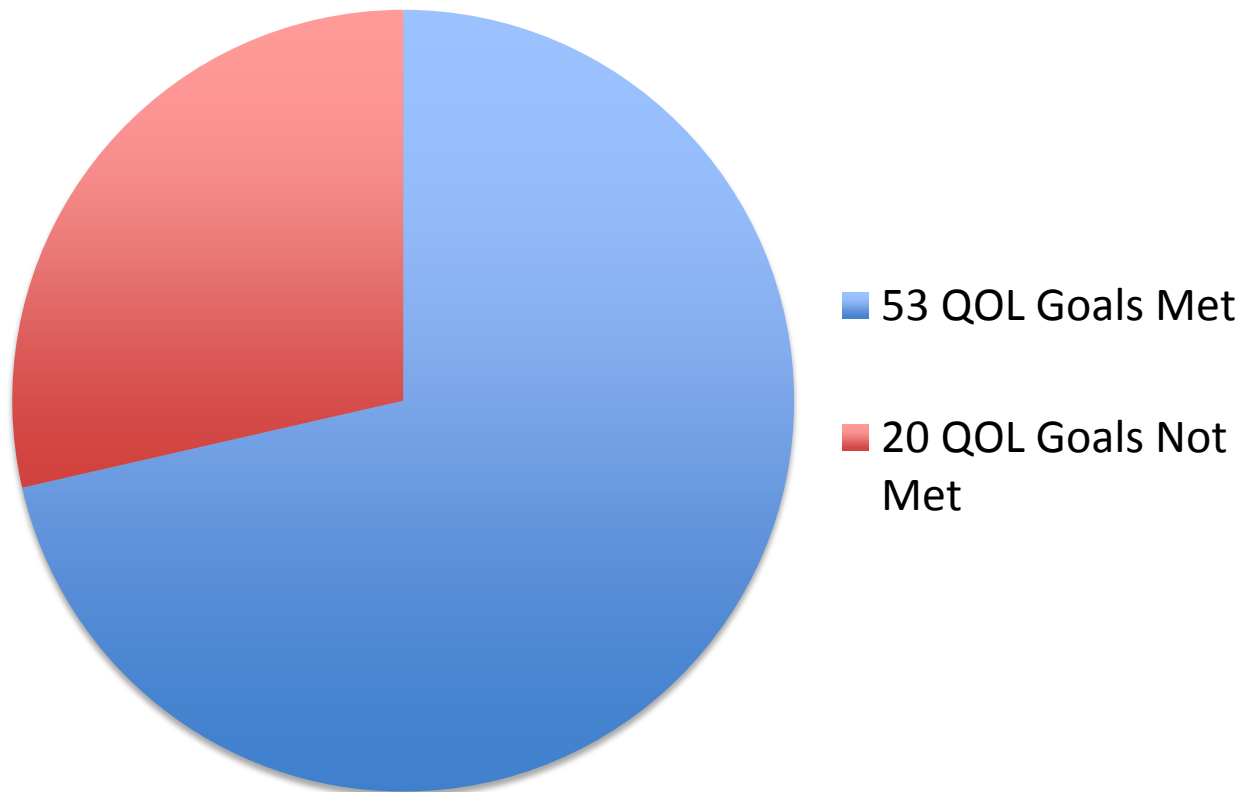
Employment related to Improved Quality of Life (QOL)

- Those who SET Employment and improved QOL: 190



Those Employed with Improved Quality of Life

- Those Employed with Improved Quality of Life: 53



Quotes from REAL People served at MHPC

“I am able to save money and provide the things that my children needs without feeling stressed.” Giovanna

“Since I been working, I'm able to buy a home, and feel like I am a productive part of my community.” Kate

“It has helped to improve my self esteem and purchase a car.” Dianne

“Returning to work has given me confidence dealing with others and helped me overcome my social anxiety. Where I once shied away from all socializing, I now initiate regular brunch &/or dinner dates with new friends.” Dana

More Quotes from REAL People served at MHPC

“It’s good to be off welfare and not worrying about having to sit in a workfare site just so I can get assistance.” Joan

“I have independence and more choices in life since dealing with my mental health issues” Tom

“Returning to work provided many opportunities to join in community events no longer do I just live in a house on some block I'm a valued community member” Leslie

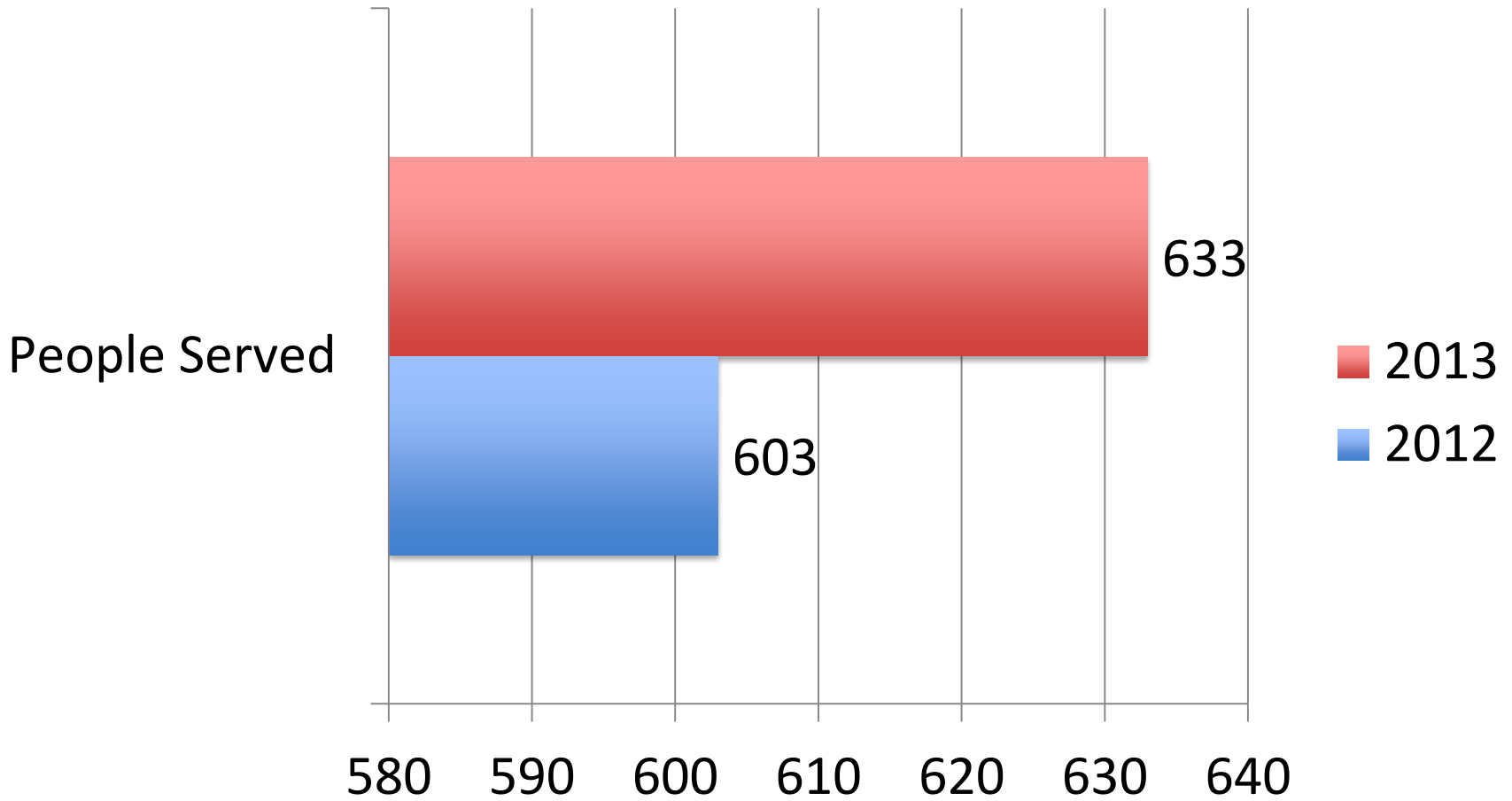
“Working has afforded me the opportunity to remain independent within the community thereby leading to increased self esteem, self confidence and self worth.” Collin

More Quotes from actual people served at MHPC:

Being employed has given me restored hope and faith that disabled does not mean unable!
“Celina”

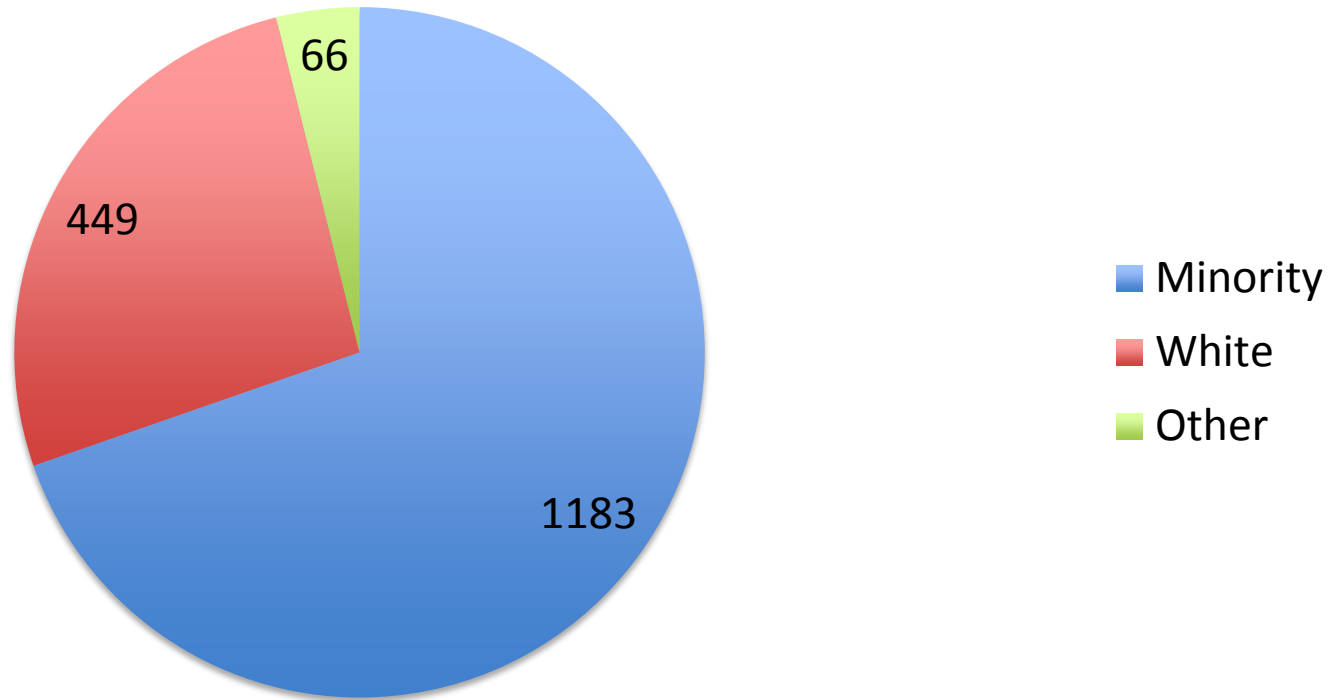
Being employed and maintaining my employment for the past 10 years has allowed me to restore hope in others that overcoming the stigma that “those with mental health are unable to be productive members within the community” is completely untrue! “Cathie”

Number of People Served with Mental and Physical Disabilities



SMI Minority Individuals That Were Served In 2013

Minority Breakdown



The Integrity of Mental Health Peer Connection

The Board of Directors of Mental Health Peer Connection consists of: **Majority of people with mental and physical disability.**

The Mental Health Peer Connection Council consists of:
Majority of people with mental health disabilities.

All staff of Mental Health Peer Connection are recovering from lived experience with mental illness and/or alcohol and substance addiction

Contact Information

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