



**Office of  
Mental Health**

# **To Disclose or Not to Disclose: A Balancing Act of Using Lived Experience in CORE & PROS**

**Empowering Lives: Cultivating Change, Connection and Collaboration  
14th Annual Recovery & Rehabilitation Academy**

**January 12, 2024**

# Objectives

**After attending this workshop, participants will be able to:**

- 1) Engage in a meaningful, constructive dialogue about actively sharing lived experience of mental illness among clinicians, administrators, and Peer Specialists in PROS and CORE.
- 2) Critically examine and challenge the values that lead to nondisclosure among clinicians and challenges Peer Specialists and clinicians may encounter on this topic.
- 3) Consider ways clinicians, administrators, and Peer Specialists alike can continue to evolve, grow, and lead the advocacy for challenging stigma about self-disclosure. Hopefully, this will spark change within our profession and in behavioral health care.

# Panelists

**Amanda Saake**, LMSW, CPRP, NYCPS-P, Chief Advocacy Officer, Office of Mental Health

**Danielle Lopez**, MS, NYCPS-P, Regional Advocacy Specialist – Hudson River Region Field Office, Office of Advocacy and Peer Support Services, Office of Mental Health

**Lilly Prado**, LMSW, NYCPS, Recovery Specialist, East Village Access PROS, Community Access

**Pam Rivera**, LMSW, NYCPS-P, Employment Specialist & HCBS Counselor, Gathering Place PROS & CORE, Mental Health Association of Nassau County

**Monique Davis**, MA, FMHC, PROS Professional Clinician, PROS, MHA of Rockland: Program for Self-Discovery PROS

**Lana Rumore**, LMHC, Director of Adult Rehabilitation/Treatment Services, MHA of Rockland

**Valerie Mendoza**, NYCPS, Direct Support Staff, ECHO (Engaging Communities Thru Harp Outreach) program HCBS/CORE, Restoration Society

**Cornelius Delaney**, NYCPS, Program Manager and Community Engagement Officer, ECHO (Engaging Communities Thru Harp Outreach) program HCBS/CORE, Restoration Society



**Office of  
Mental Health**

# Questions?

**January 12, 2024**