



**Office of
Mental Health**

Current Status and Visions for the Future of Adult Services in NYS

Alliance for Rights & Recovery Executive Seminar 2024

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AGENDA

Today's Agenda will Include:

- Themes across Mental Health Service Delivery
- New OMH Initiatives and Expansions
- Existing program enhancements and updates
- Questions & Discussion

Visions for the Future of Adult Services



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Themes Across Mental Health Service Delivery

- Integrated Care (MH, SUD, Physical) + Natural Supports, Whole Health
- Screening, Addressing and incorporating Social Needs
- Harm- Reduction, Trauma-informed, Person-Centered, Recovery-Oriented
- Incentivizing Evidenced-based Practice models
- Psychiatric Rehab and Normalizing the Employment Conversation
- Growth of Crisis Services
- Increasing access:
 - Service delivery models that seek to engage (off-site, immediate access, use of Peers, in community/from community)
 - Workforce Initiatives
- Developing competencies and strategies for serving Special populations
- Regional and sub-regional planning



Expansion of Services (2023 Budget – Adult)

- 12 new **Comprehensive Psychiatric Emergency Programs (CPEPs)**, bringing the state total to 34.
- 42 new **Assertive Community Treatment (ACT)** teams, bringing the state total to 186.
- 26 new **Certified Community Behavioral Health Clinics (CCBHC)**, bringing the state total to 39.
- 8 new **Safe Options Support (SOS)** teams
- 20 expanded-capacity **Article 31 MHOTRS Programs** (clinics)
- Expansion of **Health Home Plus** care management to assist individuals in accessing services
- Expansion of the **Intensive and Sustained Engagement Treatment (INSET)** program, which is a model based on national best practices of peer support services
- Fully fund **Individual Placement and Supports (IPS)** model of supported employment in ACT and CORE
- 3,500 New **Housing** Units
- Create 50 new **Critical Time Intervention (CTI) Teams** to provide wrap-around services for people leaving the hospital – support ranging from housing to job support.



Workforce Initiatives

Where there is no one reason for the workforce shortages, there is no one solution.

OMH is working on multiple pathways into the mental health profession. Some of these include:

- Community Mental Health Loan Repayment Program & Psychiatrist Loan Repayment Program
- Expanding EBP internships to more SW schools and bringing in MHC programs
- Exploring non-Masters level internships and pathways from schools to providers
- Funding robust training infrastructure for OMH providers
- Evaluating DOL apprenticeship models



Establish Greater Systemic Accountability

- Improve hospital **admission and discharge processes** using evidence-based methods and tools.
- Ensure emergency departments and inpatient hospital providers have the tools and services they need so that **immediate wraparound services** are available to people with a higher need for support.
- Create a system where **outpatient programs** provide **immediate and ongoing appointments** for people with a higher need for support during the discharge process.
- Active **regional and sub-regional planning**



A Little More on Integrated Care

- Partnership with OASAS and DOH
- Identifying Tiers of Integrated Care
- Untangling regulatory barriers



Employment

- IPS investment
- Normalizing the employment discussion
- IPS principles
- Training and TA expanding



OMH Older Adult Initiatives 2024

- **Continued funding for Geriatric Service Demonstrations:**
 - Older adults want to age well in the communities of their choice; round 5 funds “Partnership to Support Aging in Place”
 - PSAP projects include key components for success: triple partnership of OMH and OASAS licensed programs and Aging Services provider, collaboration with other community-based organizations to provide services to support aging in place. Requires the use of peer service providers to increase outreach, reduce stigma & improve access to services, and wrap around funds to support home modifications to allow aging in place
- **Master Plan for Aging (MPA)**
 - Continued feedback at the State Agency Council level on MH with healthy aging focus, includes OMH leadership and staff across multiple work groups
 - Focus on community inclusion & integration, emotional wellness & reducing social isolation/loneliness, workforce challenges, increasing access to services
- **Parity and Equal Access for Older Adults Living with SMI**
 - Advocacy: Access to home care for aging in place, MH educational training for LTC providers
 - Individual case consultation: Communication with DOH on access & processing of eligibility assessment-LTC MC enrollment & personal care



Current Status & Program Updates



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Rehabilitation Services

2024 Areas of Focus:

- PROS Redesign
- Supporting CORE Services
- Focus on supporting employment and education goals
- Building and strengthening the psych rehab workforce
- New curricula and resources for psych rehab programs



PROS Redesign & Modernization

- Redesign process has been guided by active engagement and feedback from stakeholder
- Key proposed changes to the model:
 - **Simplifying the reimbursement model** by redefining the PROS unit as a PROS Service Unit, **eliminating program participation time** from the reimbursement method, and **reducing the number of monthly base rate tiers from 5 to 3**
 - **Changing how units are accumulated**, which will give programs more credit when services are provided **1:1** and **in the community** than under the current reimbursement model
 - Adding **Complex Care Management** and **Peer Support** under the CRS component
 - Streamlining multiple CRS services into a single **Psychosocial Rehabilitation** service
 - **Moving Cognitive Remediation** from the CRS component to the IR component
 - Adding **Licensed Occupational Therapists** to the list of **qualified LPHAs**
 - Adding **Certified Psychiatric Rehabilitation Practitioners (CPRP)** to the list of qualified **Professional Staff**
 - Expanding the definition of ORS to include support for individuals pursuing **education-related goals**



Current Status of Redesign

- Redesign State Plan Amendment (SPA) is **pending approval** by CMS and rates are pending approval by the State Division of Budget (DOB)
 - Proposed rates are published on the OMH Medicaid Reimbursement website
- Partnering with MCTAC to facilitate an **Implementation Training series**
- New PROS Program & Operations Manual and related guidance to be issued in the coming weeks
- **In-Person kick-off events** to announced soon!



Enhanced Funding for PROS

- OMH has allocated \$9.9M in ARPA funding to support PROS programs through redesign. Programs are using these funds to:
 - Increase capacity
 - Revamp the program space
 - Purchase supplies and materials for groups/ classes
 - Offset operations losses post-FPHE



Supporting CORE Services

- Continued focus on identifying eligible individuals and increasing referrals
 - Partnership with the Alliance for Rights and Recovery – CORE Peer Navigator program
 - Regional **networking events** in Summer/Fall 2024
- IPS Initiative funding awarded to support the **full implementation of IPS** in CORE Psychosocial Rehabilitation
- Oversight and monitoring activities with a focus on quality improvement
- **2nd Annual CORE Summit**: Save the Date! Join us **August 8th** in Albany



New York Psychiatric Rehabilitation Training Academy

- NYPRTA is managed by the Alliance for Rights and Recovery and provides **evidence-based training in psychiatric rehabilitation** for direct practitioners and supervisors
 - Focus on PROS, CORE, CCBHC, and Psychiatric Centers
- **Updates from the Training Academy:**
 - 1st cohort has completed their training and will be eligible to sit for the CPRP exam this year
 - 2nd training cohort began in January 2024
 - Supervisory training for those who completed the first training cohort is beginning this month
 - Over **600** practitioners and supervisors from **102** organizations participating in the Training Academy; **124** staff who are on track to sit for the CPRP exam *this year*
- Started as a 3-year workforce initiative; funding has been secured ongoing
 - Working with the Alliance for Rights and Recovery to develop specialty tracks and opportunities for continuing education



Comprehensive Crisis System

988

- 90% in-state answer rate for January and February 2024

Mobile Crisis

- Data metrics survey, ongoing technical assistance for providers, expansion of mobile crisis statewide
- Daniel's Law Task Force recommendations

Crisis Residence

- Expansion of licensed children's and adult programs statewide

Crisis Stabilization Centers

- Helio Health (Syracuse) is the first licensed Intensive Crisis Stabilization Center
- Ongoing review and approval of programs by OMH and OASAS
- RFP awardees are completing capital spending approvals and improvements

CPEP

- Updated regulations for evaluation and discharge processes
- Peer Bridger implementation



Assertive Community Treatment

- Currently 124 Young Adult/Adult Teams statewide
- Development of new Teams statewide
 - **Specialty Teams**: Older Adult ACT (NYC), Forensic ACT, Rural ACT
- Implementation of **Flexible ACT** in NYS
 - Teams will be able to offer ACT “Lite” level of service – increasing person-centered services and improving opportunities for gradual transitions and discharge
- Full implementation of IPS in ACT to support employment outcomes



Care Coordination

Specialty Mental Health Care Management

- OMH designated
- Serves HH+ individuals – highest need
- Intensive level of support



Critical Time Intervention (CTI) Teams

- Evidence Based model
- Developing new CTI Teams statewide – focus on hospital transitions (**35 Adult Teams** statewide)
 - First 9 CTI Teams have been awarded in downstate
- These CTI Teams will serve individuals during a **critical transition time**, who have mental illness, and who have not been successfully engaged in services during or after critical times in transition.



CTI, cont'd

- CTI is **time-limited** and **phase-based**, with Teams working toward **establishing community-based services and supports** that will keep each individual connected and engaged in their community.
- CTI Teams must **build and maintain relationships with hospitals and outpatient providers**.
 - CTI is expected to develop coordinated admission and **transition plans** with community providers, including PROS, CORE, MHOTRS, CCBHC, and ACT.



Safe Options Support (SOS) CTI

- 21 teams currently operational and 9 additional teams awarded in areas across NYS
- Development of specialized SOS services:
 - 2 Young Adult SOS Teams in NYC
 - Older adults and medically fragile support team
 - Street psychiatry services for NYC SOS teams
- Since launch in April 2022, 438 individuals have been stably housed with the support of SOS Teams



Questions & Discussion



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Thank You!