

# Expanding the Circle: Integrating Occupational Therapy into PROS Programs

# Presenters

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- **Christine Linkie, PhD, OTR/L, CPRP**, clinical assistant professor at the University at Buffalo
- **(Moderator) Stephen Nawotniak, OTR/L, NYCPS, CPRP**, Psychiatric Rehabilitation Specialist, The Alliance for Rights and Recovery

# MENTAL HEALTH HISTORY AND OCCUPATIONAL THERAPY

Occupational therapy has  
it's roots in mental health  
care



# MORAL TREATMENT ERA

- William Tuke, York, England, Quaker, 1790s Phillip Pinel, France
- The first mental hospital in the United States exclusively for the purpose of treating the mentally ill opened in October 1773 in Colonial Williamsburg, Virginia.



# MORAL TREATMENT ERA (*CONTINUED*)



- Around 1836, the moral management approach to mental health treatment became a prevailing system of mental health treatment in Europe and in the United States
- Bloomingdales Asylum, Morningside Heights 1821, 1889 White Plains
- Friends Asylum Philadelphia, 1831
- Sheppard Asylum, Baltimore, 1891

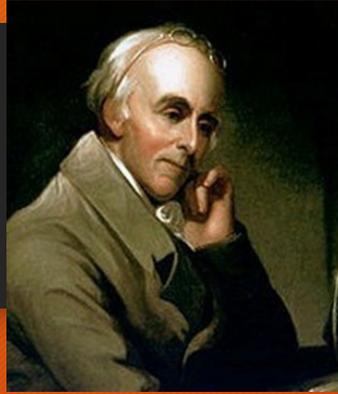
# OT History is rooted in Moral Treatment Era

- Moral Treatment was at the forefront during the inception of occupational therapy
- Humanism: Mental hygiene movement driven by Adolf Meyer, known as a philosophical founder of OT
- Arts and Crafts Movement arose in the early 1900s and served as therapeutic media within psychiatric hospitals



## Benjamin Rush

- a physician at Friends Asylum in Philadelphia who signed the Declaration of Independence, and considered the father of American psychiatry, promoted moral treatment.
- Held racist ideas about Africans.



## William Rush Dunton

- grand nephew of Benjamin Rush,
- was a psychiatrist in the early 1900's at Sheppard Asylum (now Sheppard-Pratt Hospital) in Towson, Maryland.
- He was also a craftsman and believed in the therapeutic value of crafts, he supervised the occupational classes



## Adolf Meyer

- Leading psychiatrist of the 20th century At Johns Hopkins Hospital
- Active supporter of occupational therapy

## Herbert James Hall

- Massachusetts
  - Emphasized work therapy, which included many crafts
- 

## Eleanor Clarke Slagle

- At Johns Hopkins and then later director in NYS Department of Mental Hygiene
- Emphasized habit training



# Birth of the National Organization AOTA

- Consolation House Clifton Springs, NY
- 1917



## Psychoanalysis

- Arts and Crafts as a projective
- Occupations as a context for interpreting behaviors

## Gail Fidler (early)

- Integration of the ego
- Therapeutic use of self
- Occupations provided a “laboratory for the living” to learn in a give and take with others
- A new way to interact effectively

## Ann Cronin Mosey

- Director of the NYU Program
- Developer of application of theory to practice

# WORLD WAR II DRAFT DISCOVERY OF ANTI-PSYCHOTICS IN 1950S

- In 1955 there were 95,000 patients in New York State Psychiatric Hospitals
- 1950s phenothiazines discovered
- Deinstitutionalization
- Short-term hospitalization
- Underfunded Community Mental Health Programs



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